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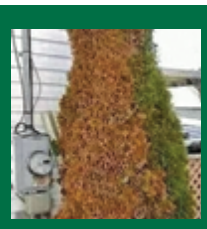

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The Uncensored Truth

TheLIGHT

ISSUE 41 Monthly

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War on our minds

Psychological manipulation to create a slave new world

by **ROUNDBALL SHAMAN**

TRADITIONAL wars over the ages have been fought with guns and bullets and bombers and warships.

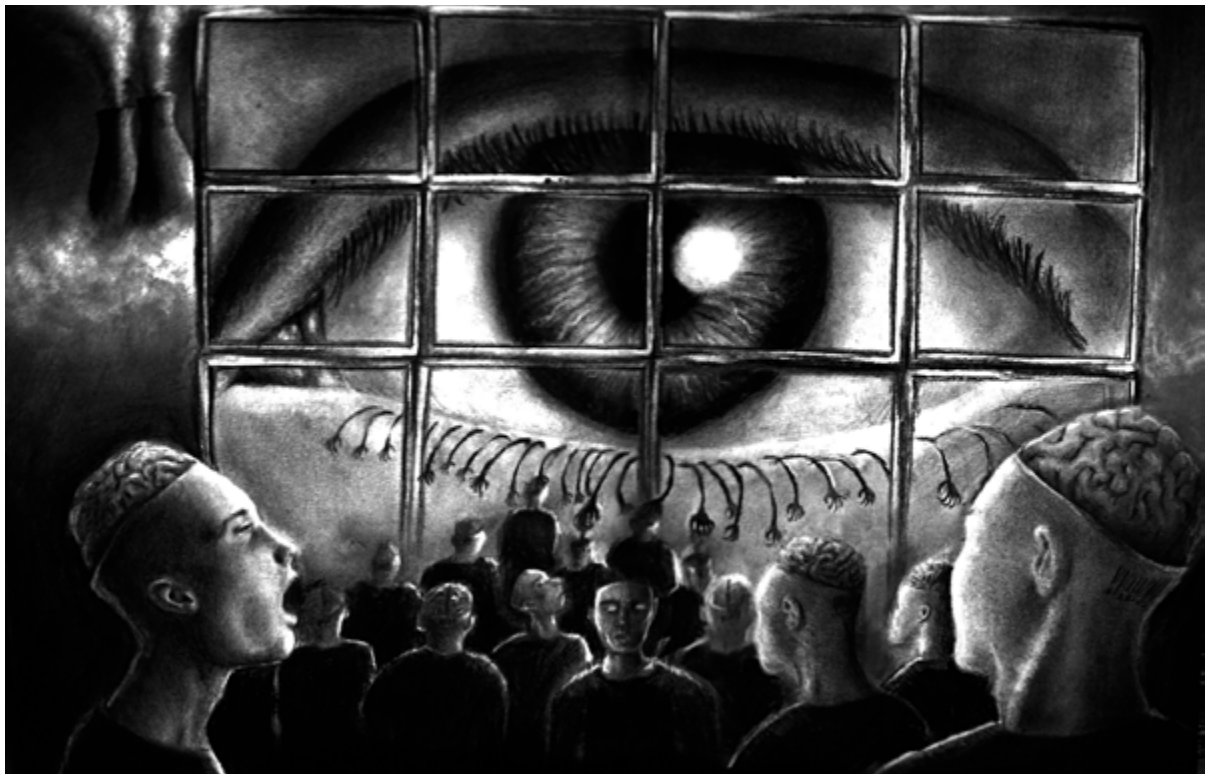
And that kind of insanity goes on today in too many places. Why? Because members of the privileged class benefit greatly from the spoils of war and the massive loss of life and property.

But this newer kind of warfare is, in many ways, even worse than the previous orgy of carnage: this is a war on our minds.

But it doesn't stop there, nor is it intended to. It is a war on our spirits. It is a war against our very soul. It is a war against our existing at all.

When guns are going off and bullets are being shot at you, you know that pretty quickly. But the more hidden and stealthy kind of warfare that goes on today against human beings is not always easy to comprehend.

False narratives are spun as truth. Fake 'news and information' are sold as gospel but are nothing but filthy rags. Attacks upon humanity itself with AI and transhumanism and the devaluing of people's worth and value. The further empowering and enriching of an entrenched ruling predator class that lives only for itself and wishes to see the bulk of humanity erased from the Earth.



Mind Control by Sebmaestro

Yes, it's that kind of war going on. And it has taken a while, but it seems most people now get it: we are in a war (we didn't ask for) and we had better come up with ways to defend ourselves and have a plan of our own.

Another issue that has greatly contributed to our predicament is the collapse of useful and powerful organised religion. Like the courts (in a properly functioning system) which serve to restrain the excesses of other institutions and people, organised religion served to keep a harness on some of the worst human impulses and served to hold other social institutions to account while standing for truth and divine principles.

But organised religion was co-opted by outside forces, and degraded from the inside by religious leaders more interested in not offending anyone and turning the church into nothing but a social club, or a place to learn how to become rich – two things that Jesus was not exactly promoting a lot while he was among us.

The church became weak and ineffective. And, except for a few courageous holdouts here and there, it is now useless in addressing the war against humanity, nor does it provide hope, inspiration or direction to help people in this existential fight.

Our times today are playing out pretty much as laid out in Biblical prophecy. But while many church-goers are sitting on their hands waiting for the Saviour to come back, that is just not the way it might go from here on. This fight just might be all on our shoulders. The Divine just might be deliberating – holding back to see what we'll do and how we react and whether or not we are worthy of saving.

And if we don't respond the right way, the Divine just might sit this out for good and let us pay for our lack of fidelity and lack of adherence to Divine principles.

The Dark Side has weapons and a plan. They know they are in a war.

The question is, do WE? And what is OUR plan? And what price do you put on your soul?

Because the globalists have already put their value on it.

How they control you

Rulers engaged in a cowardly mind war on humanity

by **BRANDON SMITH**

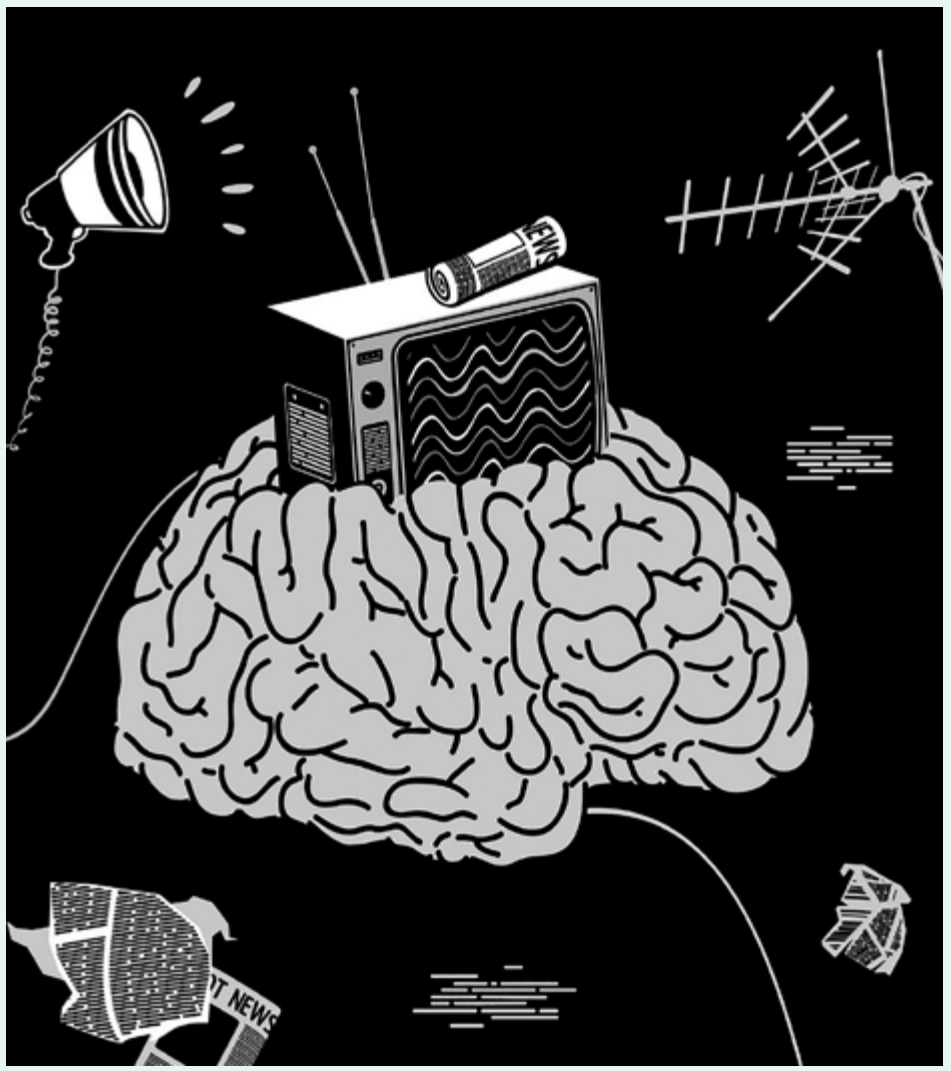
Fourth-Generation devastation: The West has been targeted in a decades-long psychological war

WHEN I first encountered the concept of fourth-generation warfare around 20 years ago, I was studying the basics of propaganda and how it works.

While the core issue is deeply disturbing on a number of levels, I also found it fascinating – the ways in which governments and the rulers have endeavoured to control the masses while at the same time trying to avoid direct confrontation whenever possible.

With the advent of civilian populations armed with military-grade weaponry and familiar with the training required for combat, the rulers realised (post-American Revolution) that dominating the public with military might was no longer a sure bet. They had to engage in a new kind of warfare using psychological attacks until they could weaken and disarm the populace. The new system of oppressing was about mental coercion; to make people believe that the authoritarian ideal is inevitable.

One part of this strategy involves using economic leverage for social engineering. A hundred years ago, it was more about banks creating an endless series of debt mechanisms and controlling the issuance of currencies. Today, corporate oligarchs are expanding – they want



The multi-pronged attack on our minds

to change the very nature of money through central bank digital currencies (CBDCs). By extension, they are also influencing public behavior by attaching social justice ideology to economic participation through ESG (environment, social and governance).

In other words, if you want to have access to credit or money, and have the ability to compete in the new 'inclusive' marketplace, you will have to bow to the woke religion. If you refuse, your access to trade could be shut down completely and you and your family could starve.

A greater factor in the mind war, though, is the pole-shift of the Overton Window by turning cultural pillars into cultural villains. This is being accomplished through the creation of the deconstruction religion, or what we sometimes call the cult of woke.

Name any cultural value or principle that defines the western world, such as meritocracy, independence, self reliance, mental toughness, liberty (with responsibility), legacy through hard work and family, the protection of children from perversions, discipline over hedonism, logic and reason over fanaticism, conservation of heritage and history and, for many people, the tenets of Christian duty – these are all pillars of our society which the woke cult seeks to destroy. In every way I can imagine, it is a psychological war on the West, funded through billions of dollars in grants from globalist think tanks like the Ford Foundation, Rockefeller Foundation and the Soros's Open Society Foundation.

The globalists view public manipulation and social engineering as their birthright. They think it is their manifest destiny, and they suggest often that humanity would somehow decay and self-destruct without their guidance.

As the famed propagandist, Edward Bernays, once stated:

'The conscious and intelligent manipulation of the organised habits and opinions of the masses is an important element in democratic society. Those who manipulate this unseen mechanism of

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Editor: Darren Smith **Sub-editor:** Harry Wundas
Layout: mi.ki **Distribution:** Cath Swann & Matt Smith
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"We'll know our disinformation programme is complete when everything the Amercian public believes is false."

WILLIAM CASEY, FORMER CIA DIRECTOR

society constitute an invisible government which is the true ruling power of our country. We are governed, our minds are molded, our tastes formed, our ideas suggested, largely by men we have never heard of.

In almost every act of our daily lives, whether in the sphere of politics or business, in our social conduct or our ethical thinking, we are dominated by the relatively small number of persons… who understand the mental processes and social patterns of the masses. It is they who pull the wires which control the public mind.'

For men like Bernays, the purpose of psychological operations was more about maintaining a certain status quo, with the establishment power brokers firmly in charge but shielded from public view (and anger) as much as possible. The methodology of 'shadow government' was constructed in the era of Bernays. However, what started as a tactic for keeping the populace in the dark has now become a strategy for waging war on us. Fourth-generation warfare was born from the mire of public perception management.

You might ask, though, how we are being attacked without soldiers, guns, bombs, tanks or drones? Doesn't this sound a little paranoid?

In an internal U.S. Army document titled, *From Psyop To Mindwar*, the military value of sabotage through fourth-generation methods is described in detail. The treatise outlines the idea of causing a target population to self-enslave by undermining its core structures through psychological warfare. The paper was written in 1980 by Lt. Colonel Michael Aquino, a devout satanist, and Colonel Paul Vallely, who would later become a general.

Aquino's theory was essentially that the U.S. Army was under-utilising psychological operations as a background to kinetic operations. He argued that psyops could be used as the frontline weapon to destroy an enemy nation (or control a domestic population) without the exploitation of standard munitions. As Aquino suggests in a 2003 preface to *Mindwar*:

'Essentially you overwhelm your enemy with argument. You seize control of all of the means by which his government and populace process information to make up their minds, and you adjust it so that those minds are made up as you desire. Everyone is happy, no one gets hurt or killed, and nothing is destroyed.'

The faux benevolence behind this idea is disturbing. Believe it or not, this was Aquino's attempt to soften the public's perception of the document. He lamented the exposure of *Mindwar* among 'conspiracy circles' and spent decades trying to downplay the role of occultism in the upper echelons of the military and the government. It was all a 'big misunderstanding', according to the satanist.

From Psyop To Mindwar attempts to disconnect itself from the dark and dirty reputation of propaganda efforts among the Nazis or the communistsm because it is commonly, and rightfully, associated with lying. Aquino admits that the new psyops will be used against Americans, not just foreign enemies, but this time, he claims they will use 'the truth' to manipulate the masses. But who gets to dictate what the truth is? Well, satanist fanatics like Aquino, of course.

The hypocrisy of *Mindwar* is evident in its underlying premise – that the establishment will always propagandise using the truth, because that which is a lie today can be made into the truth tomorrow. As Aquino notes:

'Unlike PSYOP, *MindWar* has nothing to do with deception or even with "selected" – and therefore misleading – truth. Rather it states a whole truth that, if it does not now exist, will be forced into existence by the will of the United States.'

Mindwar as a document is itself a piece of propaganda that can't help but twist reality to justify the vision of men who seek power above all else. I invite you to read the paper; nearly every concept described in it is being used against the American people and the western public today. The crooked arguments made in it are the same exact arguments used by current governments to justify state propaganda and mass censorship of opposing views as essential to national security and the greater good.

Not to mention, the woke movement is disturbingly similar in its ideals and goals to the narcissistic religions of satanism and luciferianism that Aquino adores. I'm sure that's purely coincidence.

The reason that conservatives and liberty proponents have been at such a disadvantage in the midst of this mind war until recently is because we have an OLD way of viewing warfare that assumes a stand-up fight. They point their guns at us and try to control us, we point our guns at them and say 'no thanks'. But not all war is designed to destroy people directly, and some wars are fought in a cowardly fashion in order to avoid direct confrontation.

Mind war proponents would argue that the tactics are similar to guerrilla methods. I would argue they are much more closely related to terrorist methods, and yes, there is a difference.

The globalists know that once the shooting starts, they lose the ability to micromanage the outcome and they might become targets. The purpose of psyops is to either terrorise a population into not fighting back at all, or, to shore up popular sentiment through lies, and make any potential rebellion as fringe as possible. Hence the reason for funding woke activism and indoctrinating western youth. Given a generation or two, they think they can replace the West by demonising it in the minds of today's children. They might never have to fight us at all.

- ***Fourth Gen. devestation: http://tinyurl.com/9yytusax***
- ***From PSYOP to Mindwar http://tinyurl.com/y43da9vz***

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Midazolam questions remain

Unintended ‘serious harm’ fears over protocol

by **JACQUI DEEVOY**

NG163 was a covid protocol used to treat those presenting with respiratory issues.

But evidence from more than 100 families could show this protocol has resulted in the untimely and unnecessary death of loved ones - and is reminiscent of the abolished Liverpool Care Pathway.

And when the National Institute for Health and Care Excellence (NICE) guideline NG163 was reviewed in early 2020 by a panel of nine doctors and two professors, they did raise concerns.

Yet, the protocol - which recommended the combined use of midazolam and morphine that both suppress the respiratory system - was approved.

After studying the guideline, the medics familiar with palliative medicine said they were ‘concerned that uncritical use of NG163 may create unintended risks for people with suspected or actual covid-19 infection’ and suggested that the flawed guideline should not be implemented.

The new guideline was rebranded NG191 in March 2021, and on November 30, 2023, the recommendation to use midazolam on covid patients was dropped completely.

Linda Keen with her mother Kathryn Davis

Husband Neville visits Kathryn Davis at the care home in November 2020

In a letter published on April 20, 2020, the eminent experts, led by Professor Emeritus, Sam H Ahmedzai, said that, ‘while NG163 states, “Note that symptoms can change and patients can deteriorate rapidly in a few hours or less,” there is no counterpoint that most patients without the preconditions above will eventually recover.’

They also stated that, while there was plenty of detail on dosing covid patients with powerful medications, there was no advice on monitoring the patients, nor on weaning them off the drugs.

Another major concern of the panel about NG163 was that the protocol stated: ‘Sedation and opioid use should not be withheld because of a fear of causing respiratory depression.’

Further into the letter, the professors and doctors say that if covid-19 was uniformly fatal, the instruction to doctors and nurses to ignore any concerns in administering these drugs would be acceptable. But by then, many experts were seeing covid as no more dangerous than the flu.

This is explained in the letter as follows: ‘For people not previously known to be at the end of life, there is potential risk of unintended serious harm if these medications are used incorrectly and without the benefit of specialist palliative care advice.’

In conclusion, the nine doctors and two professors clearly stated in the letter that the covid protocol NG163 had the potential to cause serious harm and all 11 agreed that it needed reviewing.

The Light approached former Health Secretary Matt Hancock’s office for comment on November 28, and again on December 1, but at the time of publication was yet to receive an official response.

The Light has also approached the Department for Health and Social Care for comment and is yet to receive a response.

Please contact *The Light* if you or a loved one have had experience of the NICE guideline NG163 or the protocol NG191 that has since replaced it.

A version of this article was first published by *News Uncut*.

- ***https://uncut.substack.com/***
- ***https://www.bmj.com/content/369/bmj.m1461/rr-1***
- ***https://www.youtube.com/watch?v=3BqbVo2sQio***

An NG163 case study

Linda Keen, a psychotherapist from East Sussex, claims her mother was, effectively, euthanised by health staff allegedly following NICE guideline NG163 in 2021.

She said: “After the government psyop scare tactics in March 2020, I wondered if my 92-year old mother Kathryn Davis would survive in her care home.

Over the following months, I barely saw her as the lockdowns turned the home into a prison, and contact was mostly via window visits and FaceTime calls. As she had dementia, she really didn’t understand why we couldn’t go inside to see her. We got through 2020 and into 2021 when another lockdown was imposed.

“In early January, we got a phone call saying she’d tested positive for covid and my heart sank. I knew about Matt Hancock’s stockpile of midazolam and how it was being used with morphine to ‘treat’ covid, and that worried me. A week later, we – her husband Neville and I – got the call we’d been dreading; she’d apparently ‘deteriorated’, and the clinical nurse lead was starting her on end-of-life drugs, despite her telling us earlier that she was ‘alert and responsive’.

“My stepfather, Neville, was ill so I was the only one who could be with my mother as they euthanised her - not that I knew that’s what they’d be doing when they let me in to see her late on January 14. She was deeply agitated and was fighting them as they injected her periodically to ‘make her comfortable’. It was distressing to watch.

“I spent the following day with her and watched as this horrendous process continued.

“On January 16, I returned to visit. I was taken into a side room by a nurse, who told me that the lead nurse was ‘seeing to her’. Finally, the lead nurse calmly walked into the room to tell me my mother had died.

“The lead nurse told me I could go and see my mum. My mum was dead in her bed and a young carer, who had witnessed her last moments, was sobbing and shaking next to her. The whole scenario was horrendous and I’m now taking legal action against the care home.”

Why have questions been raised about NG163 (now NG191)?

The NICE guideline recommended that for managing breathlessness and agitation of covid patients, a combination of morphine and midazolam should be given.

However, both these drugs suppress the respiratory system, and concerns have been voiced by medical experts that delivered together, their effects can be magnified.

Also, patients whose bodies are unfamiliar (naive) to these drugs might experience stronger effects than might otherwise be expected.

These effects have been witnessed by families seeing their loved ones deteriorate rapidly, and it is understood that the average time between the protocol being actioned and death was 29 hours.

Killing in the name of health

Dramatic rise in illnesses after jab rollout

by **GRAHAM JENNINGS**

NEIL Shaw, a reputable and highly respected naturopath and homeopath who runs a thriving health store in Northern Ireland, has witnessed a dramatic rise in a variety of illnesses among his customers since the covid vaccine rollout, a trend which is of great concern.

During the pandemic, Neil reports that he had minimal awareness of people experiencing any major complications, life-changing issues, or even ultimately dying, with the exception of those who were already ill, or within the elderly age bracket.

Yet since the mRNA shot rollout of 2021, he is seeing a huge shift in the demographics of people who were previously unaffected by covid.

These individuals, who presented as healthy and without underlying conditions, are now experiencing life-changing health issues. Neil believes this to be "very telling".

He continues: "A strange phenomenon was the media pumping out death rates and horror stories during covid, yet that was not what we were seeing on the ground, and I include a nurse whom I know well. Yet now we are seeing myocarditis in 30-40 year olds, stroke issues at the same age, and people dying suddenly that shouldn't be dying at all – healthy, fit athletes and the like. Nobody is asking the question 'why?' anymore. If a plane crashes, it will be (excuse the pun) investigated to death for years, so why – this being the case – do we have such a lack of critical analysis at the minute? Where is the media concern to ask questions and probe for answers?"

I ask Neil if people are connecting the dots between 'vaccines' and illness.

He replies: "Part of the protocol to try and help sick people is to build a timeline to see when things started to go wrong, as you do in any scenario. The vast majority themselves would say it has been after their vaccine or booster."

I enquire if, having connected the dots, we are aware of these individuals reporting their side effects to the relevant agencies? Neil tells me, "This is the frightening bit, because if you mention the Yellow Card reporting system to people, they do not even know what it is; they have not even heard of it!"

Photo: Spencer Davis

Surely safe should mean you don't die within a few days of taking it?

The Yellow Card scheme to which he refers is the government's dirty secret, because it should have been publicised at every vaccine clinic and at every opportunity on the media, and yet it was not.

This is the early warning recording system, so that side effects and serious medical issues could be collated and analysed to look for patterns of illness and warn of dangers, in order to take appropriate action. It would be akin to a radar system in World War 2 where you have advance warning of attack, and do nothing whatsoever about it. However, the Yellow Card system was unknown to his clients.

He notes that he has seen a sizeable increase in younger people, in their 20s, 30s and 40's, who are presenting with problems more often associated with the older generation – the likes of shingles, increases in inflammatory issues, and post-viral fatigue. This may also mean a spike in stress, anxiety and sleep disorders, because these conditions can be very debilitating.

These may also be, in part, caused by lifestyle changes since 2021, such as less travelling, working from home, more isolation, and greater fear from the TV and legacy media.

But how can we know whether the vaccine is safe when the early warning system is ignored making the Yellow Card scheme unfit for purpose?

I ask Neil for an anecdotal story and he tells me the astonishing account of a lady well known to him. She had informed him that she had been ill and hospitalised swiftly after each vaccination, but thankfully had been getting her health back on track.

She continued that she was very concerned because they were now calling her for her booster, but considering her previous two experiences, she was extremely reluctant. Neil offered honest advice, and finished the conversation. A couple of weeks later, he learned that she had passed away, having been found dead by the side of her bed. He also learned that against his advice, she had indeed elected to go for her booster just a few days prior to her death.

Questions MUST be asked about why these boosters are still being pushed by medical staff, without due regard to previous reactions and hospitalisations. Is it misinformation to say that they are safe? This lady was stressed, anxious and afraid to take the booster, yet also afraid NOT to!

Surely safe should mean you don't die within a few days of taking it? If this is such a rare exception, then automatic and urgent investigation is essential.

The obvious question has to be: just how rare is this?

There is a website and Facebook page called Real Not Rare which allows the vaccine-injured to post their stories, and I strongly encourage you to take a few minutes to read some of their posts.

Here are some of the quotes, telling the impact on their lives and their suffering, in their own words:

- I have to use a cane to walk and I can't drive.
- My life changed forever and work has been hard. I'm afraid of losing my job due to all the chronic pain, absences and medical issues.
- I have a large blood clot that I'm not able to get rid of as of yet, due to its size. I've put up with the pain and discomfort for a very long time.
- Loss of fine motor skills in left hand, left calf muscle spasms and some weakness on left side.
- I had the left side of my body absolutely paralysed.
- I was voiceless and powerless, with low energy, I couldn't even send a text message for several weeks. I had no money and mostly no help, I was on my own.
- Looking back now and what I know, and what happened, I would've never put my job over my health, and now I have neither.
- I just hope and pray the pain leaves my body, and I get better, because I don't know how much more I can take.

- ***https://www.facebook.com/RealNotRare/***
- ***Watch* Covid 19 Vaccine Injuries - We Are The Evidence*: https://tinyurl.com/2fjecapy***

Epidemic of sickness and sadness

by **GRAHAM JENNINGS**

It's time to end narrative of safe and effective

I HAD the opportunity to interview a local hairdresser who, for the purposes of this article, we shall refer to as Mrs R.

Mrs R. reported concern at the astounding number of regular clients she had recently discovered to have been suffering a sudden onset of illness.

Fortuitously, while we were chatting, she was with a client, whom we shall refer to as Lee. Lee often interjected with her thoughts on the subject matter, as she too was deeply affected.

I will start with the story Lee kindly shared about her mother, who was recently discharged from hospital following a stroke. Lee revealed that her mum was diagnosed with a brain tumour about 14 years ago, but it had fortunately remained stable for years, and follow-up scans were clear. How distressing for her to have made such progress over these years, only to have had her covid shot and then suffer a stroke. Although she did not have any reaction to either vaccine at the time, she started suffering mini strokes shortly after receiving the jabs, requiring an anxiety-ridden seven-week hospitalisation.

Lee states that at the time of the covid vaccine rollout, her mum didn't even allow access to her home to those unvaccinated. That is how much faith she had placed in the system.

But oh how things have changed since then. Her health went downhill rapidly, and subsequently, she started to become aware of conflicting reports online. While educating herself, she began to join the dots, so much so that now they (the entire household) have refused to allow the vaccine and boosters near them ever again.

What I personally find upsetting is that I had heard exactly the same thing about two years ago, from an online doctor whose genuine observations about cancer patients in his charge were that cancers previously in remission for years were aggressively returning following the covid injection.

At that stage, he did not say it was causal, but that this was a red flag that urgently needed addressing.

I asked Mrs R how typical this report of Lee and her mother was among the stories she heard.

Distressing tales from the hairdresser's chair. Photo: Element5 Digital

She said that she had heard dozens, and that she could write a book about it.

She continued: "I would say that I have, with no exaggeration, about six customers with skin cancer, and all since they got the covid jabs.

"One is a friend I went to school with, and she suddenly developed mole after mole, having to have three surgically removed. The last client came in with a mark or patch on her face, which I knew instantly was skin cancer. The doctors confirmed it, and then she had to wait a year before the NHS removed it."

So I asked Mrs R whether they were linking the cancer to the covid jabs, but she said that she was often told: "Ach, just wise up."

She continued: "My own uncle passed away after having the vaccine; he had kidney and liver failure. My other uncle's brother also died after getting jabbed, and he also suffered organ failure."

While I am not a medical expert, I consider there to be two principles.

First, the burden of proof should be the opposite way around when a new technology is rolled out. Can the doctors investigate all these suspicious deaths and prove it WASN'T the 'vaccine', which remember, is a new and unproven mRNA gene-therapy?

Second, there is an urgent requirement for investigation into the timing of the illnesses, with regard to the vaccines given, and the sheer number or increase of such illnesses. As if proving the point, Mrs R said: "I know several clients in their early 60s who died after having organ failure, and each of these people were fine up until the covid vaccine.

"Did I ever tell you about one of my son's classmates? He wanted to go away on a school trip, but to do so, he was required to take the covid vaccine, and unfortunately he got covid when he returned.

"His mum rang me one day and asked if I could come to his house to cut his hair because he was very ill and unable to walk. He was so bad that his dad had to carry him up to bed.

"His mum thought it was caused by covid. That was in his third year in school, and he is now in fifth year, walking on crutches, and still can't play football or rugby.

"My cousin's mother has recently been diagnosed with dementia at just 62 years of age. I now frequent a nursing home, cutting and styling hair weekly, and you would be astonished at how many of them are in their 50s with dementia, an illness that usually affects people over 70."

In conclusion, each of us on our individual path experiences a journey of revelation when we come to a realisation that things are not as they seem. Devastatingly, for some previously trusting individuals, it takes a vaccine injury to reach the point of questioning the men in white coats and the whole narrative on the TV.

It is my hope that people reading this will not need to suffer such things in the future, and it will serve as a warning lesson to many. By courageously telling their stories, many more will come to a greater knowledge of the truth, and will find the confidence to critically evaluate everything they watch and read.

The sooner this 'safe and effective' narrative falls, the better for everyone. It's time to end this epidemic of sickness and sadness.

- ***With much gratitude to my anonymous hairdresser and her clients.***

Complicity with genocide a crime

by **SERENA WYLDE**

Letter to MPs focuses on Israel's actions in Palestine

DEAR Members of the British Parliament,

Do you acknowledge the rule of international law, or do you just pay lip-service to the idea?

The question is relevant, because members of the British public may well ask why they should obey the laws that you as legislators enact, when you yourselves fail to adhere to the principles of law, which is what you are doing in supporting Israel's continuing war on the Palestinian people.

In order to understand how little claim to legitimacy Israel has, both as a state and in its actions, let us examine the legal landscape.

The much vaunted United Nations resolution 181 of November 29, 1947 merely recommended the partition of Palestine, but this recommendation was never confirmed by the UN Security Council and, therefore, does not have the force of law.

By contrast, a cornerstone of the United Nations Charter since 1945 has been that annexation is profoundly illegal under international law. This is because annexation was the cause of many wars in Europe before WW1 and in the lead-up to WW2, and the drafters of the UN Charter considered that the way to end the scourge of warcraft as a central part of a state's foreign policy, was to make borders inviolable under international law.

Consequently, since the Arab-Israeli war of 1967, the UN Security Council has adopted no fewer than eight different resolutions declaring the inadmissibility of the acquisition of territory by war or by force, specifically with respect to Israel's acquisition of Palestinian territory.

The settlements are also in breach of the IV Geneva Convention, which prohibits an occupying power from moving its civilian population into the occupied territory, because it does this for one reason alone: to be able to establish a flag of sovereignty upon that occupied territory, which leads to annexation and conflict.

Although the international community has continued to be forthright and vocal on the issue of the illegality of the annexation of settlements, of the separation wall, of collective punishment of the Palestinian people, and on the human rights violations in the occupied territories, they have failed to convert their condemnation into enforcement

In the 1970s, both the UN General Assembly and the Security Council made it very clear that Israeli settlements were illegal, that all settlement activity had to cease, and the existing settlements dismantled. Again, as recently as December 2016, the UNSC referred to the settlements as 'a flagrant violation of international law'.

The EU, the International Committee of the Red Cross and the UNGA Human Rights Council have all declared the Israeli settlements profoundly illegal.

Then in 2019, the U.S. stepped outside the international consensus and started to undermine over half a century of finely-woven international law, when Secretary of State Pompeio said the U.S. position had changed and they no longer recognised the Israeli settlements as illegal.

Since then, although the international community has continued to be forthright and vocal on the issue of the illegality of the annexation of settlements, of the separation wall, of collective punishment of the Palestinian people, and on the human rights violations in the occupied territories, they have failed to convert their condemnation into enforcement.

At the heart of any legal system is the issue of accountability. Under domestic law, citizens who break the law are liable to be charged, prosecuted and, if found guilty, face the penalty. International law equally has detailed formulae for accountability.

Article 25 of the UN Charter states that all member states are to uphold and apply the decisions of the Security Council.

Article 1 of the IV Geneva Convention provides that all High Contracting Parties are to respect, and to ensure respect for, all the rights and guarantees in the Geneva Convention in all circumstances, including no settlements.

Under the UN Articles of State Responsibility adopted in 2001, where an outlier state breaches its membership status in the UN, in defiance of international law, the rest of the international community is under an obligation to take action to bring the recalcitrant state into compliance with international law.

The UNSC has repeatedly told Israel the settlements are illegal, as is the location of the separation wall, and that it must recognise Palestinian self-determination and end the illegal annexation of the Syrian Golan Heights and East Jerusalem. Israel continues to defy the UN resolutions, thus it becomes an outlier state.

We are now three months into a well-documented genocide of the Palestinian people by Israel, supported by its western sponsors.

Prior to the war, the Gaza Strip had already been under a 17-year air, sea and land blockade by Israel, which controlled everything and everybody that went into and came out of what is described as the largest open-air prison in the world.

The economy was already on its knees because of limited hours of electricity. There was already 45-50 per cent unemployment, which in the under thirty-year-olds that make up the majority of the population, was between 65-70 per cent, despite this being a well-educated population.

According to Prof. Michael Lynk, the UN's special rapporteur from 2016-2022 for the situation of human rights in the Palestinian Territory occupied since 1967, the only drinking water supply in Gaza by 2019 was 97 per cent contaminated either with seawater or sewage, because inadequate supplies of power made it impossible for the sewage treatment plants to operate properly. This resulted in millions of litres of raw sewage flowing daily into the Mediterranean Sea, befouling the coastal waters and returning to the drinking water. Healthcare facilities lacked medicines and basic necessities and suffered power outages.

All this against a backdrop of a huge natural gas field in the Eastern Mediterranean Lavantine Basin, off the coasts of Palestine, Lebanon and Syria. So the Palestinians have their own unexplored natural gas field in the Gazan waters which, if the Israel-US-UK partners have their way, will never be enjoyed by the Palestinians, who are being daily slaughtered and frightened into becoming refugees.

South Africa has rightly invoked the 1948 Convention on the Prevention and Punishment of the Crime of Genocide, bringing charges against Israel before the International Court of Justice. As of the time of writing, Turkey has officially backed South Africa's case before the ICJ.

International law is unambiguous when it comes to genocide. Under its provisions, any politicians, not just government ministers, who vote for measures in support of, or express support in any form for, the actions of the perpetrators of the genocide, are complicit in the crime.

Therefore, complicity with genocide is also a crime.

In the last two years, members of the British Parliament have waved through a tidal surge of legislation at odds with democratic principles; tyrannical impositions disguised as protective laws.

Article 1 of the International Law Commission states that 'an internationally wrongful act of a state may consist in one or more actions or omissions, or a combination of both'.

Article 16 of the International Law Commission's Articles on State Responsibility provides that 'a state that aids or assists another state in the commission of an internationally wrongful act is internationally responsible, where certain conditions are fulfilled'.

That parliament is in disharmony with the people it represents is evident, but the ignition point may well be Britain's complicity in genocide.

In the words of UN Secretary-General António Guterres, in the speech he gave on December 8, 2023 at the UN General Assembly: 'The eyes of the world and the eyes of history are watching'.

- ***The hidden reasons behind the war on Gaza: http://tinyurl.com/2p9ynhwj***
- ***The World's Most Documented Genocide in History: http://tinyurl.com/mr3vvuvp***

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What evidence do you have?

Some accepted wisdom may have no basis in fact

by **MARC, BRIAN AND LANCE**
from peacekeepers.org.uk,
ROB RYDER *and* **DARREN SMITH**

WHEN we reject one narrative, one set of belief systems, we leave ourselves wide open to another.

It is only through the application of rationality premised on evidence that we may proceed wisely.

At any one moment in time, you see the lie of a thing and you reject it. You reject that lie because you know better, but the next lie you know nothing about.

So recognise what you do not know, and question everything that presents itself to you about which you know nothing; do not shy away from admitting that which you do not know.

The world is cloaked in tall stories as well as truth. Telling one from another requires evidence. It really is that simple - what has led you to that belief? Can you provide evidence that it is so?

You only ever need ask one simple question when you want to understand the truth or otherwise of a thing (anything else is conjecture, storytelling, and we all like a good yarn) – what evidence do you have for that claim?

Keep in mind that evidence is not someone else simply saying it is so, no matter how important an authority they may claim to be on the subject.

Here are some things for us all to (re) consider:

Photo: Kajetan Sumila

HEALTH

What evidence is there that covid was a virus escaping from a lab, if viruses themselves have never been shown to exist?

What evidence is there that illness is a thing gone wrong that needs to be treated, as opposed to being an intelligent, natural process of self-cleansing by the body?

What evidence is there for contagious diseases?

What evidence is there that modern medicine helps anyone?

What evidence is there that a vegan/vegetarian diet is the healthiest?

What evidence is there that a carnivore diet is the healthiest?

MONEY

What evidence do you have that bitcoin and the crypto 'revolution' can free us from man-made laws enforced by a brutal police state?

What evidence do you have of a secret trust held somewhere in your name that you can access to pay all of your debts?

What evidence do you have that your birth certificate is traded on the markets?

What evidence do you have that someone, other than you, owns your car (or indeed anything that you may possess)?

What evidence do you have that your debts will be wiped out when the rulers instigate their financial chaos and reset?

What evidence do you have that gold was instituted by decree, and not simply used more than anything else as money by people?

What evidence do you have that there is a plan to provide everyone with vast abundance once the 'great awakening' happens?

LAW

What evidence do you have that equity is not the highest standing law as opposed to the common law?

What evidence do you have that admiralty law is practised anywhere other than in the admiralty court?

What evidence do you have that any other court (magistrates/civil/family/high/appeals/supreme etc.,) is anything other than what it says it is?

What evidence do you have that legislation, which has the force of law, does not apply to you?

What evidence do you have that your birth certificate is anything other than a certificate that records your birth?

What evidence do you have that a word is anything other than how it is defined?

What evidence do you have that pen colour is anything other than the pen colour?

What evidence do you have that the contents of a contract is anything less than what is stated in that contract?

What evidence do you have that drawing a box around text renders it invisible?

What evidence do you have that the window on an envelope is anything other than a means to avoid duplication of addresses?

What evidence do you have that a signature does not bind the person signing to the thing that is signed, wheresoever they should sign it?

What evidence do you have that CAPITALISING is ANYTHING other than emphasis or distinction?

What evidence do you have that something else (be that a person or a corporation) cannot do anything that you may not do?

PHILOSOPHY

What evidence do you have for the authority of government over you?

What evidence do you have that your sovereign rights come from the Magna Carta or other documents?

What evidence do you have that Trump (or anyone) is part of a secret group of good guys that is still running America and will bring freedom to the people, when he did nothing at all in his four years, and was responsible for the deaths of an unknown number of Americans when he instigated a lockdown and Operation Warp Speed to get the covid shots into people?

What evidence do you have of any kind of extraterrestrial intelligent life controlling mankind?

What evidence do you have that we are in a vast, expanding universe?

What evidence do you have that Earth is in motion?

What evidence do you have for other dimensions of existence?

What evidence is there for dinosaurs?

What evidence do you have for ascension to 5D?

What evidence do you have that everything that exists came out of absolute nothingness?

What evidence do you have for inter-species, Darwinian evolution?

What evidence do you have for the existence of God?

What evidence do you have for any of your beliefs, and where did that information come from?

Have you gone back to the primary sources and checked (re-searched) the facts, or are you passing responsibility and relying on 'experts', handed-down 'wisdom' or just plain old hearsay?

Truth is important, and the search never stops for those genuinely seeking it.

Look after yourself

War On Health Conference

Peak District, Saturday January 20, 2024

by **PHIL ESCOTT**

Why do they want us ill, and what can we do?

TODAY, the world's population is in the grip of a pandemic of chronic diseases. The primary reason is that our dietary and health advice, and most of our medical systems, are run by corporations in the interests of profit, not of the public good.

This one-day conference gives you the opportunity to discover more about what is behind this war on health, and gives you practical direction for looking after yourself and your loved ones.

There are six speakers, some of the most forward-thinking in health and nutrition in the UK. They will be speaking on such diverse topics as gut health, deuterium, autoimmunity, ethics, regenerative farming, mental health, the demise of the NHS and the dreadful treatment honest doctors who do speak out receive.

Come and meet them, eat some great food and hang out with like-minded people.

This event will not be streamed or recorded so that the speakers can speak freely. If you want to know what they really think, you will have to be there!

- ***Event runs 09:30 – 17:00 on Saturday January 20, including a light carnivore lunch and a shared carnivore banquet to follow.***
- ***For more details on the speakers, accommodation if needed and more, go to: https://thebigfatchallenge.com/events/***
- ***And to get £30 off, put in the discount code THELIGHT at checkout.***

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1-DAY CONFERENCE
20 January, 2024, Peak District, England
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DR. RACHEL BROWN
DR. NATASHA CAMPBELL MCBRIDE
DR. AHMAD MALIK
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Mightier than the sword

Deploying the press letter for truth and freedom

by **RICHARD HOUSE**

IT'S all too easy to feel helpless in the face of unfolding global(ist) events and power plays.

Yet there exists a multitude of different ways in which we can push back to help the world wake up to the truth of what is happening. Here, I want to highlight just one modest approach, that if enough of us were to pursue it, could have a significant impact. I'm referring to press letters, submitted to local, regional and national newspaper letters pages.

I'm certainly not suggesting that truthers waste time and energy writing to captured corporate nationals (although I have recently managed to get several counter-narrative letters into the *Metro*), which rarely if ever print anything challenging the mainstream lockstep narrative. But local and regional newspapers are often a different matter; they are often far more prepared to publish counter-narrative letters from readers – no doubt in part because it suits them to publish controversy-generating material that gets local readers fired up and eyeballs for advertisers.

Here in Stroud, Gloucestershire, we have several local and regional papers which have consistently been prepared to print letters that robustly challenge the mainstream narrative about the covid 'pandemic' and the jab. Appended to this article are some excerpts from several examples that I've had published in our *Stroud News and Journal* (circulation around 25,000).

I had my first press letter published in the *Western Gazette* in 1975, and I've had many hundreds published since, including open letters. I organised with Sue Palmer on 'toxic childhood' that went viral in 2006, 2007 and 2011; and also scores of letters in the national and local press supporting Jeremy Corbyn's leadership between 2016 and 2019.

Some years ago, I wrote a long book chapter on the art and practice of writing press letters for a book on 'The Press Letter' that ultimately never got published. The 8,000-word chapter goes into great detail about how to write a successful letter – drawing on over four decades of experience.

The chapter can be found online – it sets out the key preconditions for a successful press letter. I hope readers of *The Light* will feel inspired to find out the details of their local press letters pages, and start submitting letters that challenge mainstream globalist narratives and champion truth and freedom.

Local newspapers also often have press letters published online which then offer a forum for online comments. Our *Stroud News and Journal* has such a forum, and local truthers here are fully engaged in these debates. An excellent recent example can be found here, under the letter titled, *Why alarming increase in average excess deaths?* The letter generated an extraordinary 302 comments – most of them from very articulate local truthers.

Of the many letters my truther friends and I have had published in the local press in recent years, below I reproduce some excerpts from just two. One was published in October 2020, when the national media wouldn't go anywhere near anything that was challenging mass vaccination; and the other is perhaps my most telling published letter from the covid era, dismantling the mainstream narrative about covid deaths, and published in January 2022.

Happy and successful letter-writing – we can really make a difference!

- ***http://tinyurl.com/bdfyj6v3***
- ***independentviewpoints.net***

Vaccination – an absolutely appalling state of affairs

Stroud News & Journal, 7 October 2020

...What concerns me even more is the intimidation to which critics of vaccination are being subjected by establishment apologists for mass vaccination. I have it on very reliable authority that some complementary health practitioners have been instructed not to say anything in public or in print about vaccinations, or else they risk being struck off their professional register.

This is an absolutely appalling state of affairs – when, in a supposedly free society, practitioners have to stay silent about real-world evidence that contradicts the official narrative on vaccine safety, because if they don't, the 'thought police' of establishment science will effectively destroy their careers. This is exactly what philosopher of science, Paul Feyerabend, warned us about over 40 years ago in his book, Science in a Free Society *– i.e. the incipient authoritarian tendencies of mainstream science.*

We would all do well to revisit that great book to understand more deeply just what is unfolding today under the cover of mainstream patriarchal science, with its ruthless determination to silence any voices that dare to dissent from its narrowly mechanistic and domination-obsessed worldview.

Dr Richard House, Stroud

Crass statistics

Stroud News & Journal, 12 January 2022

...Paul S. mentions '147,000 covid deaths in the UK'. Pardon? This crass use of statistics doesn't stand up to the slightest scrutiny. The assumption is clearly being made that 147,000 people have died from covid.

Yet this scatter-gun claim conveniently ignores: the abject failure of early treatment protocols being made available (eminent cardiologist Dr Peter McCullough maintains that perhaps 85 per cent of covid deaths in the USA were unnecessary for this reason); the equally abject failure of government at the start of the pandemic to offer high-profile guidance on nurturing a healthy natural immune system; the appalling government error of shifting tens of thousands of terrorised old people from hospitals into ill-prepared care homes; well-documented mis-specification on death certificates whereby people who have died WITH covid have been categorised as dying FROM covid; the existence of co- and multiple morbidities that are at least as causative of mortality as was covid – I could go on.

The point is that invoking '147,000 covid deaths' begs all the questions, and is essentially meaningless without the kind of careful disaggregation that any scientist worth her or his salt would demand...

Richard House, Stroud

When good people do bad things

by **HARRY HOPKINS**

Are we up to task of forgiving the indoctrinated?

RECENTLY I had a conversation with a local lady about *The Light* newspaper. I had just delivered a batch of papers to a shopkeeper who displays them on her counter for customers to take.

While I was chatting to 'Janet', an elderly lady came into the shop. No sooner had she caught sight of the papers than she erupted in an explosion of sheer fury.

She asked: "What on earth are you doing promoting that awful paper?

"It's nothing but conspiracy theories. It says that the vaccine is killing people. It is dangerous in the extreme. It's evil and vile and makes out that governments are bad and are knowingly harming people."

She uttered much else besides and with each exhortation she worked herself up into a sorry state. "I'll never set foot in this shop again," were her parting words as she stomped out.

Janet was somewhat shell-shocked at this outpouring and didn't say a word. She had previously told me that one or two customers had said they didn't like the paper (to which she had replied: "Well you don't need to read it then"), but it didn't take long for her monthly batch to be taken by enthusiastic readers.

She had never seen this customer before and had never encountered this level of hostility.

I made an instant decision to go out of the shop and catch up with this lady, as I could see she was distressed.

I caught up with her, and in my most sympathetic and concerned demeanour (genuinely felt), I asked if she was alright because she seemed so upset.

Clearly, she didn't connect me with the paper (why should she?) and began to regale me with the same vitriolic invective she had been using in the shop. Over the years, I've learned that the only way to deal with people who are so hyped up is to let them vent out their feelings, be patient and not be in any way argumentative or confrontational. Letting people talk themselves out is the only way they will calm down, and then, perhaps, you can converse with them on an even keel.

Covid vaccination - an example of good people doing bad things?

After some minutes, she was beginning to settle somewhat, and she then asked me if I had read *The Light,* and if I had, what did I think of it. I've been in similar positions before and have gradually realised that rather than an absolute defence of the paper and presenting a counter-argument, a more subtle and thoughtful response is always more productive.

"I have seen this paper before," I gently replied, "and, yes, it definitely does present alternative views to the mainstream. My own opinion is that 'truth' is a slippery business in the modern world, and I don't know whether we can expect the truth from any source. Do you think we get the truth from the mainstream media?"

Her reply to this was interesting: "There's no doubt the media exaggerate and mislead us to some extent." She told me about her position as a senior local politician, her involvement in the decisions made over the last four years and how it hadn't been easy. I then realised why she had been so upset.

Now we were getting onto common ground. Job losses, businesses closing, the choices between heat or eat, constant wars and fearmongering, the insecurity and anxiety of modern life, particularly for the young, NHS waiting lists, technology leaving millions behind, and much else besides.

I gently suggested that, in view of the aforementioned, it might not be a surprise that more people were prepared to consider 'conspiracy theories' as their lives had been so seriously impacted, while those who were super wealthy seemed to benefit more and more. She certainly didn't disagree with this. I must have chatted to her for 15 minutes and we were certainly on the same page regarding most things.

I brought the conversation to a conclusion and we parted with a handshake. My softly, softly approach may have planted a seed, who knows? But it is, in my opinion, the only way of dealing with people who are so psychologically damaged that they cannot comprehend an alternative to that which they have been indoctrinated by.

On December 4, Andrew Bridgen MP co-ordinated and chaired a presentation at Portcullis House, 'An address by doctors and scientists regarding the Covid pandemic and its consequences'.

And 16 Members of Parliament attended, with most seeming to be genuinely startled to hear the facts as presented. How, Ian Paisley asked, would MPs such as he manage public fear once his constituents were made aware of the truth imparted to them?

How indeed? And is it now the case that most MPs are simply too afraid to contemplate the truth, fearing the repercussions that will be forthcoming when the public finally find out the extent of the harms they have been subjected to?

The senior local politician who I spoke to had been instrumental in the enforcement of covid policies. However, she impressed me with her decency and her sincere belief that what she was doing was right. This is what I mean when I say 'good people do bad things'. They do it out of ignorance and a lack of basic research, possibly because they have been systematised for so long.

Perhaps this goes some way to explain the anger shown by this lady when seeing the newspaper. Maybe deep down, her conscience was pricked, and the revelation of what might be true was too much for her.

When the truth is established, there will be an awful lot of soul searching, and I do believe there will be very many people who will find it extremely difficult, if not impossible, to come to terms with their actions over the covid years.

Many of us will need to be compassionate, understanding and forgiving, but considering the harms done, particularly if we have been directly affected, will we be up to the task?

- ***http://tinyurl.com/2juwwdpm***

Name-calling over debate

Neturei Karta - an organisation of orthodox Jews that opposes the state of Israel and condemn its violence. Are they antisemitic?

by **KEVIN TOWELL**

ALDOUS Huxley wrote that 'the purpose of propaganda is to make one set of people forget that another set of people are human.'

This dehumanisation is a prerequisite to oppression and atrocity. If a people's humanity is upheld in its fullness then we will cherish them as equals of like kind to ourselves, and permit no harm to them.

The Oxford English Dictionary defines an antisemite as one 'characterised by prejudice, hostility, or discrimination towards Jewish people on religious, cultural, or ethnic grounds; anti-Jewish'.

I am fortunate to have met very few truly characterised by prejudice, hostility, or discrimination towards anyone on such grounds – those with persistent malice towards other races or faiths have a distinct, unpleasant vibe.

Our experiences of other's vibes are real and important, yet being subjective, they are hard to objectify. Yet, even before his hatred manifested in persecution and mass murder, it was obvious that Hitler was a rabid antisemite. Such hatred rightly evokes disgust in good people whose hearts are attuned to love and wisdom.

Evoking disgust is the most potent tool in the propagandist's armoury (with fear a close second), so smearing opponents as antisemites is a potent ploy.

I witnessed this technique used against Jeremy Corbyn. As a gentle soul, few would naturally regard him as characterised by prejudice, hostility, or discrimination, so the smears focused on inferring guilt by association. Propagandists shrieked that he once called Hamas delegates "my friends" (in context, an unremarkable courtesy) and he was once pictured near an arguably antisemitic mural. A flimsy case - yet endless repetition (aka the 'Big Lie' technique,) ensured that enough odium clung to cost him election victory.

More recently, Andrew Bridgen was summarily declared an antisemite for the 'code infraction' of stating (correctly) that the mRNA covid 'vaccine' experiment was "the biggest crime against humanity since the holocaust."

Neil Oliver received similar treatment, as did musician-activist Roger Waters of Pink Floyd fame. Even Greta Thunberg – stuffed mascot of the rulers' energy austerity programme in the guise of environmentalism, the net-zero project – recently got a warning-shot antisemitism accusation for the code infraction of possessing a stuffed octopus toy, after expressing sympathy for the plight of Gaza. Get back in your box and do as you're told, Greta!

John Bercow (former Commons speaker, himself Jewish) was once asked if he thought Jeremy Corbyn was an antisemite. "I do not believe Jeremy Corbyn is antisemitic," he replied. "He's been very supportive of me, and I've never detected so much as a whiff of antisemitism." It is interesting that he paid no heed to 'guilt by association' or 'code infractions' – as a man of discernment, he trusted his nose for Corbyn's vibes.

Few would honestly judge Corbyn, Bridgen, Waters, Oliver, Thunberg or the vast majority of the millions appalled by the slaughter in Gaza to be antisemites, by the dictionary definition. Yet they have all been labelled as such by the legacy media propagandists of corporate totalitarianism.

How may we distinguish between actual antisemites and these dissenters targeted by propaganda today?

As targets of Nazi propaganda, Jews were often smeared as 'VERMIN!' or 'LICE!'. Targets of today's propaganda are smeared as 'ANTY-SEA-MITE!'. The aim in both cases is the same – to provoke disgust.

Such is prevalence of the ANTY-SEA-MITE! smear-label that it feeds the very prejudices it claims to oppose, and tends to the harm of Jews by using their inherited trauma as a political football. I have seen a quotation (wrongly attributed to Voltaire) bandied about on social media – 'to learn who rules over you, simply find out who you are not allowed to criticise' – hinting darkly that the world is ruled by some shadowy Jewish conspiracy.

Israel is a major U.S. partner, and it is well documented that the CIA and Mossad conspire aplenty. Of course, there are individuals such as Netanyahu and Soros who happen to be Jewish, and whose actions deserve opprobrium and scrutiny – yet Jews are not vastly over-represented in the ruling class as a whole, and attempts to conflate criticism and scrutiny of the rulers with antisemitism are cynical and designed to deflect.

Jews are well-represented in banking due to different religions' historical positions on usury and are also well represented in the entertainment industry. So what? Germans are pre-eminent in cars, the Japanese in fine optics and Russians in vodka. Do these indicate conspiracies too?

Ordinary Israelis were subjected to the world's harshest 'pandemic' oppression by a government that eagerly offered them up as disposable guinea pigs in the deadly and injurious mRNA gene therapy experiment. Make no mistake; today's totalitarian rulers care as little for the welfare of ordinary Jews as Joseph Mengele did. When the political will runs out, the Israelis will be cast aside, to be consumed by the oil-rich enemies they were formerly wielded to subdue.

Are you an antisemite, characterised by prejudice, hostility, or discrimination towards Jews? If so, you deserve disgust proportional to the depth of your prejudice and hostility. Are you free of such prejudice yet have endured smears of ANTY-SEA-MITE! for opposing corporate globalist totalitarianism or the slaughter in Gaza? Congratulations! Your efforts have been such that the rulers recognise you as a threat to them.

The world is reliant on people like us

Let's be the change that we all want to see

By **CASSIE SMITH**

AS we begin 2024, it's hard to comprehend how much has changed or even remember what life was life before the 'Build Back Better' regime began.

The pandemic has brought about the most trying era for humanity. Initially, it seemed like most of the world was in silent slumber, while the Bravehearts of the world attempted to awaken friends, family or even random strangers to the rigorous battle between good and evil.

Whether aware of the ongoing agenda, oblivious to it, or somewhere in between – it has been both emotional and exhausting for all.

Nonetheless, we are in the final stages of the psychological war which could easily become physical – so in the face of adversity, we must give it our best shot in spite of potential further mockery, ridicule and contempt.

Although I suspect if this advances much further the remaining soporific population is just about to get a rude awakening.

It's a testimony to the previous efforts made by the so-called 'conspiracy theorists', 'climate deniers' and 'anti-vaxxers' that the enemy is no longer lurking quietly in the shadows.

And now so many more are seeing the nefarious intentions, meaning more people are seeking justice. Let me just say that we have to win and we will – as this Babylonian empire needs to be ended and is destined for doom.

One facet which works in our favour is that the enemy's strategy is now in plain sight: 15 strategic goals with a satanist undertone (lurking under the 'respectable' mantle of freemasonry). All laid bare and being implemented incrementally by their machinery and their minions.

Smart cities and 5G roll-out are being marketed as some 4th industrial revolution nirvana which in earnest translates to increased national surveillance and magnified radiation levels.

We are witnessing increased public spending on automatic number-plate recognition/ultra low emission zone cameras, 5G masts and so on.

Plus there is the funding of wars at a time when the country is in a huge economic purposely-manipulated deficit.

The truth is that we are bankrupt and currency has been and continues to be seriously devalued. As any student of economic history knows, a crash is on the horizon, ushering in a programmable digital currency giving the overlords even more control.

Some may be querying how they will police the control. That's simple, it's what 5G is designed to do – as it's the pinnacle of holding the entire New World Order together.

Then there's the underhanded and surreptitious devolved regional administrations through corporate courts and councils all dancing to the same global drumbeat.

It's like the most ambitious merger and acquisition bid ever. But it is not just a strategic reshuffle; it all adds up to a multifaceted warfare.

You have to give the Cabal its dues; they are a minority but have ruled the lives of ordinary men and women by employing normal folk to roll out their plans: the doctors, the teachers, the council staff, the police.

You have to give the cabal its dues, they are a minority but they have ruled the lives of ordinary men and women by employing normal folk to roll out their plans: the doctors, the teachers, the council staff, the police

One day, these people may realise that they too are in the headcount of the depopulation programme. Like some massive own goal, they will feel the betrayal and despair knowing that they were part of their own and everyone else's demise.

We are at a pivotal time in history. Some may speak of the hand of God and the 'Great Awakening' – whatever resonates with you, we are part of that prophecy and we should not forget that.

The time is now to be on the side of righteousness, as acts of bravery, courage and an unshakeable belief that good wins is fundamental to our overall success going forward. We must remember who we are and why we are here.

So what about our strategy? We need now to redefine the battle-lines. No more name-calling between us; we have to unify against the real enemy. We have to do this with a more compassionate and understanding level of communication between those with obscure vision and those who know what is going on. It comes from a place of peace and love and compassion. It comes from self-control. It comes from understanding and kindness.

It is time that we come together and really show people power. We must set the captives free from whatever is imprisoning them - whether that's apathy, ignorance or fear. If we could not only educate, but also inspire them to see a future where they were the heroes, then that would be it, finito, and the Cabal days would be a thing of the past.

We are all gifted with something, whether you are a great administrator, gardener, tradesperson, artist, whatever. Over the last few years, this has been evident – we have seen the creative ability of regular men and women flourish in adversity.

There are people who have set up food networks, alternative health practices, educational outlets, and instigated a revival in our understanding of our inalienable rights. The mavericks and pioneers of shackle-breaking. They just picked up the baton and ran.

For these trailblazers, it has been an uphill spiritual battle, tiring and unsupported.

We need to dig deep and find what we can bring to the table. We need to stop waiting for someone else to come up with the solution, and we need to find the hidden hero within.

I firmly believe the residents association model will do this. Grassroots, unhomogenised, supported and organic. These associations are successfully holding councils to account, by firstly showing the local residents the issue(s) by sounding the 'alarm'; this is also feeding out into the councils that we are a force to be reckoned with and will not be dismissed.

The Cabal's days are nearly over, but we need to muster the final unified push and get this over the finish line. We do this by a rally cry; it's not their bloody, noisy revolution, it's our peaceful, silent one.

So if you have that drive and the passion to end this agenda, join us, because we can offer you training where you will be supported and assisted, which will help you to be able to connect with your local community and also be part of a national organisation. Here's a final reminder - be the change you wish to see, as you hold the power.

- ***https://www.nationalresidentsassociation.co.uk***

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Like father, like son

by **NIALL MCCRAE**

Justin Trudeau, the 'woke' Canadian Prime Minister who likes to black up

ACCORDING to the chorus of *Running in the Family* by 1980s band, Level 42: 'We all have our daddy's eyes'.

But when applied to corporate oligarchs, royal families and political dynasties, this is not such a nice idea. Like father, like son has a darker meaning when considering that our nepotistic ruling class does not have our best interests at heart.

On the contrary, it is working towards our impoverishment, enslavement and even eradication.

A good example is the Trudeau succession in Canada. Pierre Trudeau, who was Prime Minister from 1968 to 1979, was an enthusiast of cybernetics and population control.

While 1968 is popularly remembered as the year of emancipatory revolution, behind the scenes it was the anno domini of the new religion of ecological doom.

In the same year came Paul Ehrlich's treatise, *The Population Bomb*, which warned that the world could not sustain a growing population and that humanity was heading for disaster.

Trudeau worked closely with Alexander King and Aurelio Peccei, leaders of the Club of Rome, which was launched in 1968 at the Rockefeller estate near Rome. The mission of the Club of Rome was to bring together business leaders and academic experts to work on matters of global concern (in truth, this meant overriding the sovereignty of democratic nations in pursuit of one world governance).

As Matthew Ehret describes in his new book, *Science Unshackled* (2023): 'Trudeau was a devout supporter of this new organisation, which soon became a centre of neo-Malthusian revivalism during the early years of the 1970s.

'Trudeau even presided over the Canadian branch of the Club of Rome and allocated money to fund the MIT Club of Rome study, *Limits to Growth*, which became a holy book of sorts.'

King's computer modelling indicated that human progress was irreversibly destroying the equilibrium of nature. This justified a strategy of depopulation, although always masked by ecological virtue.

Trudeau's son, Justin, the current Prime Minister, has placed his vast and relatively unpopulated country at the vanguard of the globalist regime to mitigate the purported climate 'emergency'. Canadian citizens might freeze due to the enforced replacement of gas by ineffectual heat pumps, but he doesn't care.

The British royal family has been deeply involved in the climate scam and its underlying motive in pseudoscientific eugenics. We owe to the late Prince Philip a rare insight into this thinking.

His inappropriate remarks were often not the 'gaffes' as reported by the media, but were unbridled expressions of elitist disdain. In one notorious comment, he revealed his misanthropic desire: "In the event that I am reincarnated, I would like to return as a deadly virus, to contribute something to solving overpopulation."

His eldest son Charles, elevated to the throne in 2023, would never utter such a callous wish to eradicate the minions.

Yet Charles's attitude is not fundamentally different to that of the former Duke of Edinburgh. When Charles criticises humankind for its despoiling consumption, he is really targeting humankind: there are too many of us, Charles believes.

Recently, King Charles III was in Dubai for the COP28 international conference, where he made the headlines with his concluding remark that, "Earth does not belong to us; we belong to Earth."

Charles's environmentalism was presented as his love of nature and of traditional harmony between people and the land. But for decades, he has been active in developing globalist organisations with the goal of total control of population and resources. The Great Reset is not a new idea, but a master plan conceived long ago.

In 1971, Klaus Schwab, a German financier at the University of Geneva, founded the European Management Forum. Supported by Prince Charles, this body would rise from obscurity to become the most influential globalist organisation. In 1973, at its third annual conference in Davos, Schwab introduced the thousands of attendees to Peccei, who propagated the messages from *Limits to Growth*.

That meeting was sponsored by Prince Bernhardt of the Netherlands, a one-time Nazi collaborator who founded the eugenicist Bilderberg Group in 1954. A secretive organisation, the Bilderbergers comprise prominent political and corporate leaders in transcending nation states to create a new world order.

Schwab's organisation, renamed the World Economic Forum in 1987, works like an executive arm of the United Nations to transform society, typically on the rationale of anthropogenic climate change.

Schwab's son, Olivier, is Managing Director and his daughter, Nicole, who is on the executive committee, sounded just like her father when she proclaimed covid-19 as leverage for the Great Reset.

Mega-financier, George Soros, at the age of 92, handed his $25bn portfolio to his son, Alex, who became chairman of the Open Society Foundations in December 2022. Interviewed by the *Wall Street Journal*, Alex Soros declared himself as 'more political' than his father, and thus even more motivated to attack the remnants of traditional society and its conservative defenders.

Computer salesman, Bill Gates, whose father, William H Gates, was head of Planned Parenthood, exerts his wealth through supposedly philanthropic funding of international health projects. Initially focusing on reproductive health (contraception and abortion), he moved into vaccination. In a TED talk in 2010, Gates junior said: "The world today has 6.8 billion people. That's headed up to about nine billion. If we do a really good job on new vaccines, health care, reproductive health services, we could lower that by perhaps 10 or 15 per cent."

Having captured universities, regulators and media by predatory funding, the Bill And Melinda Gates' Foundation was at the forefront of the covid-19 pseudopandemic. As a key player in the World Health Organisation, Gates promotes universal vaccination by novel mRNA technology, which has intended use far beyond alleged immunology, to hormonal control and body surveillance.

One more father-and-son duo deserves mention: Boris Johnson's father, Stanley, who worked for the World Bank and EU, suggested in a *Guardian* interview in 2012 an ideal UK population of 10 to 15 million. Is his son, who successfully disguises himself as a buffoon, really unaware of the depopulation mission of the UN and WEF? He spent three years carrying out the same orders as fulfilled by every government. Again I must conclude: like father, like son. But these men would gladly extinguish the legacy of your fathers, and the future of your sons.

- ***http://tinyurl.com/2s4f644n***

Please pass The Light on when you've read it

Smart meters causing serious harm

by **THE WHITE ROSE UK**

Worldwide testimony shines spotlight on devices

SMART meters are being imposed on more and more customers by energy companies whose staff assure us that there is nothing to worry about in terms of impacts on health.

Despite this, The White Rose UK has gathered first-hand testimony from across the world, begging to differ...

Jennifer Andree is a New Mexico resident who was severely injured by a smart meter that has completely devastated her life.

She is a nurse and a veteran who knew nothing about smart meters until she was injured by one. This occurred on Kirtland Air Force Base in New Mexico.

She claimed that for three-and-a-half months, she slept with her head approximately one foot away on the other side of a wall from an electrical panel containing two electric smart meters.

Anything that carries an electric current or emits any radiation now causes her headaches, brain fog, and internal burning.

She writes: "I can no longer tolerate living in an urban environment so I have moved to South Dakota, to a cleaner environment in the country. Because of the harms I was exposed to, I am separated from my family, which has contributed to my suffering. I have a nursing licence, but can no longer work in my profession."

Maryann McCabe writes from the UK: "From the time the smart meter was turned on, I could not walk around in my flat; I could not write an email; I could not think and I could not sleep. It was an absolute nightmare until it was switched off."

Harriet Greene, formerly of New Mexico, writes: "I was able to opt out and keep my old meter. Everybody I talk to who was forced to accept smart meters has complained of numerous effects."

The effect smart meters have on nature

Lauren Bond writes: "Smart meters were installed in my building, and the radiation they emit inside apartments causes a constant burning pain on my skin."

Jeanne Thompson writes from California: "My mother died of a massive brain tumour caused by a row of six smart meters outside her condo, on the wall where the head of her bed was. We discovered this after she had already passed. You can imagine my shock and horror at that realisation."

Alvita Armanavičienė, from Latvia, submitted the startling photograph (above) of a bush standing just inches away from a smart meter.

Dr Linda Thomas writes, "I have seen hideous debility in adults and children after smart meters were installed in my area." These include seizures in a two-year-old boy and chronic fatigue and fibromyalgia in his mother.

Mario Desira writes from Malta: "Back in 2017, my electrical meter caught fire and nearly caused a house fire. Luckily I was at home and intervened before anything worse happened."

Persephone Maywald writes from California that she was diagnosed with suspected Parkinson's disease a few months after a smart meter was installed, and that she later had the meter replaced and within a few weeks all her symptoms disappeared.

Simone St Clare writes from California that since a smart meter was installed, there have been almost no hummingbirds at her feeders and a decrease in caterpillars in her garden.

Deirdre Novella writes from New York that her hair started falling out within a few months of a smart meter being installed at her place of work, that she was diagnosed with leukaemia, and that she developed a lifelong allergy to electricity.

Sheila Reavill, who works as an electromagnetic radiation specialist (EMRS) in Georgia, writes that after smart meters were installed, the smart meter signature she logged (on her radio frequency meter) in her bedroom was at the precise times she woke up at night.

She added that her next-door neighbour and her neighbour's daughter woke at the exact same time she did every night.

Rebeca Randle writes from California that while she had a smart meter she could not sleep and there were no birds, and that when the smart meter was removed, the birds came back.

Robert Workman, an EMRS in Missouri, writes: "I have confirmed injuries from wireless radiation and the smart meter seems to be the most damaging to me and my clients. Once the ITRON electronic meter is removed, many of my clients have an immediate response of improved health. This meter has been torture to myself and others in St Louis; it is my professional opinion this meter kills all biological life."

Diane Peterson, health practitioner, writes from California: "For the majority [of people], they suddenly developed symptoms and only later realised that the symptoms began immediately after the smart meter was installed."

Sema Kelly writes: "My friend's neighbour had a smart meter put in. She didn't know it had such dangers, but soon found out that her chickens in the yard had huge tumours growing on their throats and bodies. The eggs they laid were odd shapes and colours, and the chickens appeared to be tired, which was never seen prior to the installation of the smart meter."

Karen Crenshaw writes from California that she had no knowledge of the dangers of smart meters until an ITRON smart meter was installed at her house, after which she awoke abruptly every hour during the night, had uncomfortable ear sensations, acquired high-pitched tinnitus, and felt pressure in her chest.

Beverly Jennings writes: "In Capitola, CA an entire bank of smart meters burst into flames, starting a fire and burning down an apartment complex."

Margaretha Tierney writes from Australia that she became sick two weeks after a smart meter was installed, and was sick for five years until she had it removed from her house.

Sarah Wild writes that she had heart palpitations, headaches and panic attacks until her smart meter was removed. She writes that her 80-year-old neighbour "went from being extremely lively, active, outward-going, to hobbling around and forgetful within six months of a smart meter being installed, and died within 18 months."

Dino DeBenetti writes from Ontario, Canada that after a smart meter was installed, his wife's health and behaviour deteriorated, resulting in their divorce.

- ***Petition energy companies to maintain a supply of analogue meters: http://tinyurl.com/3s6um5a5***
- ***https://cellphonetaskforce.org/newsletters/***

‘Far right’ messaging blamed over riots

by **PAUL BENNETT**

THE Irish government has blamed the recent riots on the phantom ‘far-right’ and vowed to fast-track draconian ‘hate speech’ laws.

This was after the barbaric knife attack on three children and a creche employee in Dublin by a 50-year-old Algerian immigrant on November 23, which then sparked riots.

Addressing the nation at Dublin Castle after the stabbings, Irish Taoiseach, Leo Varadkar, crudely prioritised legislating hate speech laws to tackle the growing public unrest in Ireland about key issues such as mass immigration, instead of speaking about the rising crime levels in the country.

He said: “It’s now obvious to anyone who might have doubted it that our incitement to hatred legislation is just not up to date for the social media age and we need that legislation through.

“And we need it through in a matter of weeks because it’s not just the platforms that have responsibility here, and they do, it’s also the individuals who post messages and images online that stir hatred and violence. We need to be able to use laws to go after them individually.”

As a result of a coordinated government response to tackle ‘hate speech’, the Republic of Ireland’s new Online Safety Media Commission has urged the Irish public to report any ‘hate speech’ to the Gardai (Irish police) in the aftermath of the stabbings and riots in Dublin.

The newly established Irish online media regulator approved by the European Commission, Coimisiún na Meán, is currently overseeing what is being billed as online safety in Europe in a move to tackle hate speech and disinformation.

Immediately after the riot, Irish online regulators became the first EU member state to activate an alert under new Digital Services Act (DSA) rules. The activation alerted the European Commission to contact large social media companies within hours of the riot in Dublin to remind them of their legal obligations regarding dissemination of illegal online content, threats, hate speech, and ‘disinformation’.

On November 28, Minister for Tourism, Culture, Arts, Sport and Media, Catherine Martin, told the Irish Parliament that online regulators are “calling for those who see hate speech or other illegal content online to report it to platforms or to the Gardai.”

In the wake of growing tension and concern about mass immigration, housing, and violent crime in communities across the country, the Irish government is instead planning to pass legislation to curb freedom of speech and silence anyone who criticises the regime that currently exists in Irish politics. The new and unpopular Hate Speech Bill is considered one of the strictest draconian hate-speech regulations in the world.

The Criminal Justice (Incitement to Violence or Hatred and Hate Offences) Bill 2022 (the Hate Speech Bill) will criminalise any speech that is ‘likely to incite hatred, or violence’ against protected groups or groups of persons on account of certain characteristics.

After the stabbings, an Irish Senator named Sean Kyne vented his anger not towards the Algerian terrorist who stabbed defenceless children, but towards the rioters who were mostly a concoction of opportunistic teenagers and looters. He told Minister of Justice, Helen McEntee, that the rioters needed “a good, honest, decent beating”.

A Limerick City Councillor of Bangladeshi roots named Abul Kalam Azad Talukder told a council meeting in the city that the rioters should be “shot in the head” and beaten by the public “until they die”.

Under pressure, McEntee, who is strongly pushing to get Hate Speech legislation passed, was unable to define what ‘far-right’ is when asked during a Oireachtas Joint Committee on Justice recently.

In a waffling response she said: “We have seen people to be anti-government, anti-state, anti-immigration, anti-women’s rights, amongst other things – that would be my own particular view of those who claim to be far-right.”

The legislation vaguely defines hatred as ‘hatred against a person or a group of persons in the state or elsewhere on account of their protected characteristics’. The protected characteristics include race, nationality, gender, sexual orientation and religion.

The radical bill outlines how merely possessing ‘hateful’ content on your devices or on signs, posters and banners that ‘could’ incite hatred can lead to criminal charges and up to five years imprisonment.

Authorities will be allowed to seize all electronic devices including phones, laptops and tablets, and force individuals to hand over passwords, even if no crime has been committed, according to the Orwellian bill.

Independent Irish Senator, Sharon Keogan, who called for a national vigil for the victims of the stabbings in central Dublin, said what happened “has been lost in all of this noise” around legislation. She believes the main objective of the hate speech bill is “partly designed to keep political dissenters quiet.”

In a viral video that got international attention, a Green Party Senator, Pauline O’Reilly, unironically said: “When you think about it, all law, all legislation is about the restriction of freedom. That’s exactly what we are doing here. We are restricting freedom, but we are doing it for the common good.”

- ***Irish Hate Speech Bill: http://tinyurl.com/3nhj82j3***

Eisenhower's dirty secret

History's hidden genocide of German soldiers

by **NIALL McCRAE**

A VAST field is filled as far as the eye can see with miserable and gaunt men in remnants of military uniform.

It's May 1945 and the war in Europe has ended. By rights, these surrendered soldiers will be allowed to return to their families, but many will not leave this muddy ground alive.

There is no food, no shelter, and no medicine. The Rheinwiesenlager (Rhine meadow camps) were the killing fields of one of the worst war crimes in modern history, committed by General Dwight Eisenhower and the U.S. Army.

The cull of German troops was a closely guarded secret until four decades after the war, when a Canadian researcher was writing a book on a French resistance hero. James Bacque found that his subject, Raou Laporterie, had been saved by a German soldier, Hans Goertz. In gratitude, in 1946, Laporterie got Goertz out of a French prison camp to work in his chain of drapery stores. Goertz told of mass deaths of inmates through lack of sustenance.

After pursuing leads in the French records, Bacque came to realise that Allied military leaders had 'committed an appalling crime against humanity'.

Bacque's investigation culminated in his harrowing book, *Other Losses* (1989). The foreword to this exposé was written by Ernest Fisher, a retired colonel of the U.S. Army, and war historian noted for his book, *Cassino to the Alps*.

Fisher set the scene: 'Over most of the western front in April 1945, the thunder of artillery had been replaced by the shuffling of millions of pairs of boots as columns of disarmed German soldiers marched wearily towards Allied barbed wire enclosures.

'Scattered enemy detachments fired a few volleys before fading into the countryside and were eventually captured by Allied soldiers.'

As Fisher explained, German soldiers did everything they could to evade capture by the Russians, who raped and pillaged as they advanced over eastern Germany.

He wrote: 'The mass surrenders in the west contrasted markedly with the final weeks on the eastern front where surviving Wehrmacht units still fought the advancing Red Army to enable as many of their comrades as possible to evade capture by the Russians.

General Eisenhower (right) pins a medal on General Patton

'This was the final strategy of the German High Command then under Grand Admiral Doenitz, who had been designated Commander-in-Chief by Adolf Hitler.'

But crossing to the Allied side was not the sanctuary that the defeated Germans expected, due to the visceral hatred of Eisenhower. The supreme military commander, of Swedish-Jewish background, had written in a letter to his wife: 'God, I hate the Germans.'

In September 1944, in the presence of the British ambassador to Washington, Eisenhower proposed that the entire German general staff, all officers of the Gestapo and all leaders of the Nazi party from mayor upwards should be exterminated (around a hundred thousand men).

Fisher had met Bacque in Washington in 1987, where they uncovered evidence, deeply buried in national archives, of a systematic slaughter.

Bacque wrote: 'More than five million German soldiers in the American and French zones were crowded into barbed wire cages, many of them literally shoulder to shoulder. The ground beneath them became a quagmire of filth and disease. Open to the weather, lacking even primitive sanitary facilities, underfed, the prisoners soon began dying of starvation.'

Shockingly, more German soldiers died in the camps from April 1945 onwards than died in combat.

In the archives, Bacque studied each edition of the Weekly Prisoner of War and Disarmed Enemy Forces Report, which showed a high number in the category of 'other losses'. As escape was almost impossible, these men must have died in the camps.

According to Bacque: 'The victims undoubtedly number over 800,000 and quite likely over a million. Their deaths were knowingly caused by army officers who had sufficient resources to keep the prisoners alive.

'Relief organisations that attempted to help the prisoners in the American camps were refused permission by the army. All of this was hidden at the time, then lied about when the Red Cross, *Le Monde* and *Le Figaro* attempted to tell the truth publicly.'

Ominously, on April 26, 1945, the combined chiefs-of-staff at Reims decided to create the status of 'disarmed enemy forces'.

This category would apply to 'prisoners-of-war in American hands only'. No public declaration was made of this bypassing of the Geneva Convention. Mortality data was censored by the American military authorities, who exploited their control of media to push propaganda about their 'humane' treatment of prisoners.

With German soldiers failing to come home in the months after the war ended, the myth of a 'world food shortage' was used, a contrived crisis blamed on the Germans. Yet despite the war, there was ample supply of wheat and corn.

The Swiss Red Cross had 13.5 million food parcels intended for prisoners, which would have prevented any death from starvation, but this provision was blocked. Indeed, the Red Cross was prevented from entering the camps.

Bacque explains: 'Granting permission for the welfare agencies to visit the camps would have led to a storm of public protest against the atrocious conditions, while at the same time producing the workers and political will needed to alleviate them. It can hardly be doubted that this was why permission was not given.'

There is another part to this dark episode. General George Patton, a magnanimous victor who respected the Germans as a people, was disgusted by Eisenhower, accusing him of Gestapo practices.

As described in a Daily Mail article (December 21, 2019), Patton's death at the end of 1945 was later suspected as an assassination.

Was Patton killed because he knew too much about the death camps, and was too much of a maverick to risk the dirty secret coming out?

- ***http://tinyurl.com/mrxxn74c***
- **Other Losses: The Shocking Truth Behind the Mass Deaths Of Disarmed German Soldiers And Civilians Under General Eisenhower's Command: *JAMES BACQUE: http://tinyurl.com/3xfvc5w4***
- ***http://tinyurl.com/6p7aeyhu***

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A hidden consequence of the ‘pandemic’

by **DAWN LESTER & DAVID PARKER**

THE issue of mental health is a topic that has been receiving an increased level of attention in the legacy media over recent months.

However, because we know we cannot take what the media report at face value, this topic requires some further investigation to be able to appreciate what may be behind these reports.

One BBC article, dated August 2022 and entitled, *Covid: Brain fog more common two years on study suggests*, states:

‘Two years after having covid-19, diagnoses of brain fog, dementia and epilepsy are more common than after other respiratory infections, a study by the University of Oxford suggests.’

A more recent BBC article, *Brain power dropped among over-50s during covid-19 pandemic*, refers to a different study and reports that: ‘The covid pandemic may have impacted brain health in people in the UK aged 50 and over, according to a new study.’

This study, called PROTECT, was designed, ‘…to help understand how healthy brains age and why some people develop dementia.’

Although, as we’ve discussed in previous articles, there was no new disease outbreak nor was there ever a ‘pandemic’, this does raise the question: Why are studies reporting that there is a link between brain health and the alleged ‘covid pandemic’?

It could be viewed as simply a business model to encourage people to visit their doctor so that their symptoms can be diagnosed and treated with a pharmaceutical; although it should be noted that the medical establishment admits there is no ‘cure’ for dementia.

However, there seems to be a deeper purpose to this.

The WHO web page entitled *Mental Health*, under the heading, *Overview*, states:

‘In recent years, there has been increasing acknowledgement of the important role mental health plays in achieving global development goals, as illustrated by the inclusion of mental health in the Sustainable Development Goals.’

Mental shutdown

In other words, the purpose is to support the implementation of Agenda 2030, as can be seen on another WHO web page:

‘Mental health is critically important to everyone, everywhere. All over the world, mental health needs are high but responses are insufficient and inadequate. The World mental health report: transforming mental health for all is designed to inspire and inform better mental health for everyone everywhere.’

But what exactly does the WHO mean by ‘mental health’? According to their June 2022 *Mental health fact sheet*,

‘Mental health is a state of mental well-being that enables people to cope with the stresses of life, realise their abilities, learn well and work well, and contribute to their community.’

Although acknowledging that ‘mental health’ is more than just the absence of mental illness, the fact sheet also lists various mental disorders, which the WHO’s *Mental disorders fact sheet* defines as involving ‘significant disturbances in thinking, emotional regulation, or behaviour’.

In other words, they are making judgments about our thinking, emotions and behaviours! This is highlighted by the disorder called ‘Disruptive behaviour and dissocial disorders’, about which the fact sheet states:

‘40 million people, including children and adolescents, were living with conduct-dissocial disorder in 2019. This disorder, also known as conduct disorder, is one of two disruptive behaviour and dissocial disorders, the other is oppositional defiant disorder. Disruptive behaviour and dissocial disorders are characterised by persistent behaviour problems such as persistently defiant or disobedient to behaviours that persistently violate the basic rights of others or major age-appropriate societal norms, rules, or laws.’

This approach empowers certain members of society, namely, the medical establishment – or to be more accurate, those who create the rules for the medical establishment - to determine what is ‘normal’ and make us abide by the rules they create.

This is highly problematic for many reasons.

There may be genuine reasons that children exhibit certain behaviours, in a school setting for example, that are perceived to be disruptive. These reasons can include sheer boredom because what they are being taught is not stimulating either intellectually or creatively, an increasingly common situation. There could also be genuine emotional issues or even traumas that cause them to behave in a disruptive manner, but these will not be resolved by labelling these children as ‘abnormal’ in some way.

One of the insidious aspects of this move towards labelling children and adolescents with one of these conditions is that it could be extended to apply to children who are homeschooled, an option that increasing numbers of parents are choosing. The reason this needs to be considered is because homeschooled children are more likely to ask questions of anyone who tries to tell them what to do. This could give rise to the belief that these children are behaving in a way that can be described as ‘disruptive’ or ‘defiant’, purely as the result of learning how to think for themselves and not merely take orders from an adult.

We would add that this approach is almost certainly intended to be used against adults as well, especially those of us who challenge the mainstream narratives!

There are reasons that people may experience diminished brain power – prolonged stress being one of them. However, there is also the placebo, or rather nocebo effect that cannot be dismissed because it is incredibly powerful.

It has been shown in clinical trials that people who believed they were receiving a genuine chemotherapy drug, but in fact received a placebo, nevertheless experienced some of the known chemotherapy ‘side effects’, including vomiting and hair loss.

It is therefore entirely possible that some people who read media reports that refer to brain fog, diminished brain power, and dementia all in the same article, may start to believe that they have this condition, a belief that may then go on to become a self-fulfilling prophecy through the nocebo effect.

We do acknowledge that some people experience genuine cognitive decline and other symptoms that are diagnosed as a form of dementia. The point we are making in this article is that the medical establishment not only does not know the real cause(s), and cannot therefore truly help these people with the treatments they offer, but, with respect to the past four years, it is largely the medical establishment and the media that can be held responsible for some of the increase in cognitive problems through the perpetuation of the unproven idea that there was a ‘pandemic’ caused by a ‘virus’ that could be transmitted between people.

It is always a combination of different factors that will influence our health, and this combination will differ for each of us. However, whilst these factors do not include ‘germs’, they most definitely do include fear and stress, especially when prolonged.

- ***https://whatreallymakesyouill.com***

Do viruses actually exist?

by **ANTONETTA GUDMUNDSDOTTIR**

Exposure to synthetic chemicals could be causing disease

IF you cast your mind back to 2020, governments across the world declared a covid pandemic based on scant evidence, at best.

People got sick and died in Wuhan, China – a city known for massive industrial pollution and cases of pneumonia. It is unpleasant to say, but people have been dying since the dawn of time and so this in itself is no evidence at all.

Wuhan scientists had sequenced many short fragments of genetic material from a patient's lung fluid.

They asked a computer programme to arrange them in every single possible combination and when joined up it ended up similar to a pre-existing virus sequence contained in a database, which may or may not have been found in the same recursive way.

Scientists saying they have found the genetic sequence of a virus sounds impressive. It sounds like good proof. Except of course some or all of the individual DNA sequences, which were joined up on a computer to make this novel virus, could possibly have come from human DNA.

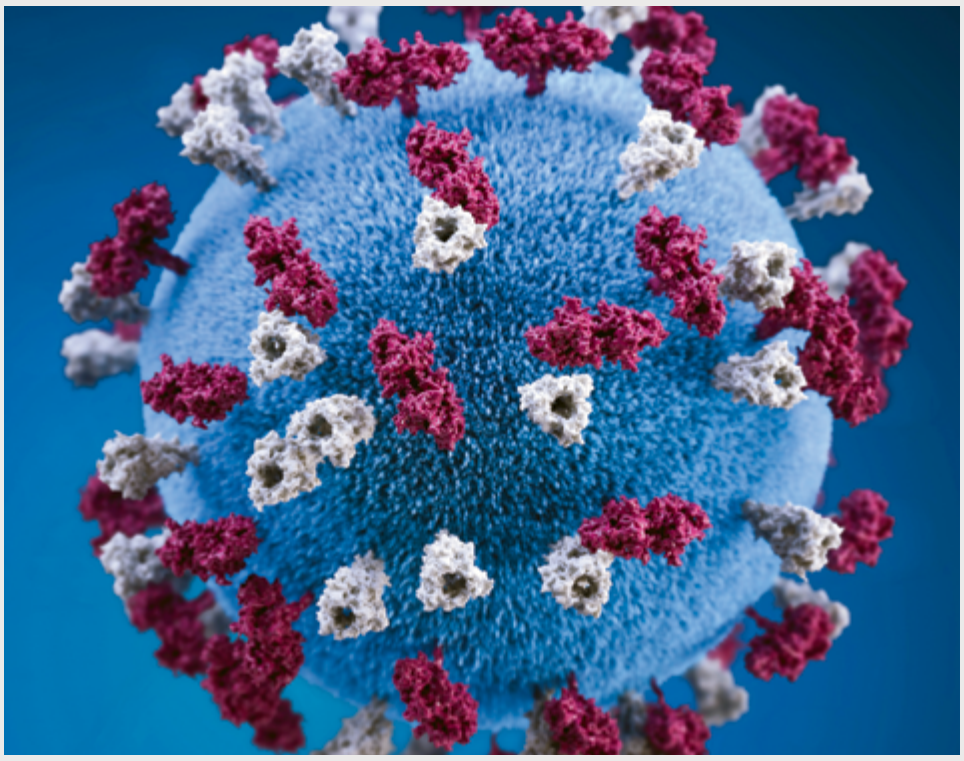
The scientists sequenced from an impure soup, instead of from purified and isolated virus particles. Furthermore, the scientists were only concerned with obtaining a genetic sequence. There were no studies to see if this virus was actually contagious or causing disease.

Virologists never obtain pure samples of their viruses. Instead, the viruses are contained in a medium of host animal cells, antibiotics and fetal calf serum. So it is difficult to know what they are sequencing or what exactly is causing a problem.

In the past three years, the internet has been awash with articles and videos from doctors and scientists stating that viruses do not exist. Is this an overreaction to the covid pandemic lockdowns?

The same scientists cite terrain and germ theory. Terrain theory states that ill-health is caused by a polluted environment and poor nutrition. All disease is either caused by not eating the right foods or the ingestion or inhalation of toxic, synthetic chemicals.

Germ theory states that disease is caused by dangerous bacteria and viruses.



Computer-generated image of what a virus might look like

If we look at the Wikipedia entry for tuberculosis, the epidemiology section (using a World Health Organisation reference) states: 'Roughly one-quarter of the world's population has been infected with M. tuberculosis, with new infections occurring in about 1% of the population each year. However, most infections with M. tuberculosis do not cause disease, and 90–95% of infections remain asymptomatic.'

We can see that large numbers of people carry the bacteria held responsible for the disease, but only 1% of them actually progress to suffer from the disease. This suggests other causes for the disease such as malnutrition or drug abuse. So even from the mainstream science, we can see the terrain theory is not so outlandish.

Bacteria definitely exist. Their colonies can be seen with the naked eye when they are grown in large numbers on scientists' agar plates. They can be stained and seen under light microscopes. Viruses, on the other hand, can only be seen under considerably more powerful electron microscopes and it is difficult to distinguish whether the viruses have a real existence as anything other than debris of the host animal cells that they are presumed to grow in, or are artefacts of. Harsh staining is needed to visualise the material.

Medical doctors see people with dangerous bacterial infections and see that antibiotics cure them. So germ theory must be true and, by extension, terrain theory is false.

It could be that both terrain and germ theory are both partially correct. Bacteria exist, but animal viruses may be misunderstood. Bacteria exist to clear up dead and decaying matter. Viruses exist to clear up overgrowths of bacteria. Bacteria may only cause a disease if there is something else causing the initial problem.

If viruses do not exist, then what causes childhood diseases such as chickenpox, measles and mumps? Why, when one child gets sick with chickenpox, do other members of the school get the disease at the same time?

There are many explanations for this. It could be that chickenpox is a reaction to childhood vaccinations and members of the same class get vaccinated at similar times. Alternatively, it could be that growth spurts deplete the body of the building blocks needed to make collagen (a protein used to construct blood vessels and skin). Without sufficient collagen, small blood vessels leak fluid which form pustules under the skin (known as poxes).

The liver disease, hepatitis, could be caused by drug abuse or eating seafood grown in polluted waters as opposed to a virus. The liver is the detoxification centre of the body and so it makes sense dangerous chemicals will be sent there for processing.

The real cause of so-called viral diseases may really be cumulative exposure to the many synthetic chemicals we encounter in our everyday lives.

● ***https://unjabbed.net***

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Facing the war on health

From factory farmed humans to depopulation agenda

by **BEN HUNT**

I HAVE previously written in this column about several fronts of the war being waged against the 99 per cent of mankind by an evil, psychopathic minority.

We have looked at how they come after our elders, men, our trust in nature, and of course our God-given right to think for ourselves.

The bottom line is that our quality of life does not matter to these scum. Of course, our lives have always had some limited value... perhaps until now. In all previous generations, it seems that their goal was to keep us in a weakened state of permanent stress, worrying about paying our bills, constantly sick, addicted, afraid and frustrated, so that we wouldn't look up from our machines, computers, and books long enough to see how badly we were being screwed over.

That's because for all of human history, up to this point, it benefited those with the most power to keep us alive, albeit in a depressed, degenerate state – because that is how they derived what they most needed: profit. They wanted the money, which of course has been totally imaginary and fake for the past century. But grabbing the money system meant they could acquire real assets like property and land.

Today though, there is a strong case to argue that, now that the few finally control the majority of the world's resources, the era of the 'factory farmed human' has reached its zenith, and is now giving way to a new phase of depopulation. We see this in the unbridled destruction of topsoil, which, if farming practices continue as they are, farmers will be unable to support even a fraction of the world's population in another few years. And of course there is the more overt recent rollout of the killer jabs.

Nevertheless, there is another front on the war against humanity that we need to discuss, and a new year seems like an appropriate time. Let's talk about the War on Health.

It is actually irrelevant whether we are still being treated as stock units to be kept alive or scheduled for the cull. Once you have the information I share here, your choices and the different outcomes are the same.

The first thing to understand about modern 'healthcare' is that it is fundamentally yet another corporate enterprise. That means it has one overriding objective: to make profits for its shareholders. Just as in any other big sector of the economy, the laws that govern what goes on in healthcare have long been bought and paid for by corporations, through lobbying and other forms of legal fraud such as the revolving door between government and industry that rewards favourable treatment while in office with lucrative non-executive directorships.

Pharmaceuticals - just one of the layers of the war on health

In fact, today's medical standards were put in place by a hostile corporate takeover a century ago, when John D. Rockefeller and Andrew Carnegie conspired to purchase control over every medical school in the U.S., thus ensuring that only one model of medicine would be legally sanctioned. That is what is known as the allopathic model, which treats disease symptoms with pharmaceutical drugs.

The Rockefeller-Carnegie heist effectively made all other forms of homeopathic or naturopathic medicine 'alternative' and ensured that the petrochemical-derived pharmaceutical industry would enjoy free rein in the marketplace indefinitely.

Doctors will happily continue to prescribe drugs that suppress symptoms, but they have no idea how either to prevent or to cure what ails the majority of people today.

Yet all the while, the people are told to 'trust the science' and to defer to anyone wearing a white coat.

But there is another industry, one that's even bigger than Big Pharma, which operates in very similar fashion, and which somehow seems to blindside a huge number of truth seekers: Big Food.

It is a constant source of astonishment that individuals who have woken up to the scams of Big Money, Big Pharma, Big Science and the greenwashing of 'climate change' still nod along dutifully when the World Economic Forum announces that in 2030, along with owning nothing and being happy, that 'you'll eat much less meat, for the good of the environment and our health' (see their video, *8 predictions for the world in 2030*).

The fact is that the vast majority of research confirms that the scares over saturated fat and cholesterol have no epidemiological basis whatsoever. This is even backed up by more profit-mongers, confirmed in a 2013 report by Credit Suisse, titled: *Fat: A New Health Paradigm*, which offers the reader investment opportunities around the market resurgence in natural, healthy animal fats.

Yet the majority of the public still firmly believe that whole grains and so-called 'vegetable' oils are 'heart-healthy' – a dangerous myth reinforced by our national dietary guidelines, which also happen to be written by a committee formed of representatives of the ultra-processed, packaged, fake-food industry. All the while, cases of every chronic disease, from cancer to diabetes to Alzheimer's are skyrocketing.

This, again, is entirely by design, and for the very same reasons that compel Big Pharma to develop and market products that do not cure: the System profits by our sickness.

If you realise that the System lies through its teeth about war, climate, money, religion, vaccines, everything – at least be open to the possibility that it has nothing wholesome to offer when it comes to your diet and health.

The System does not place any value on your health. In fact, it is heavily invested in your ongoing sickness, through pharmaceutical poisons, fake food, geoengineering, non-natural electromagnetic frequencies, and all the other environmental toxins. The majority of people today are destined for a life of sickness and drug-dependency. We are not living longer, we're dying longer!

The onus is on us individually to educate ourselves and then to experiment and judge what really works in our own lives.

If you are keen to know more, you may wish to join our gathering of like-minded souls in the Peak District on Saturday January 20 for The War On Health one-day conference. We will be exploring every aspect of the bully boys' assault on our wellbeing in an open and non-dogmatic environment, from environment, food, and mental health right down to quantum biology.

- ***Visit* waronhealth.uk *for more details, come and join us, and make up your own mind. Enter THELIGHT at checkout for a discount.***

Letters to The LIGHT

Got something to say? Outraged that this paper exists? Want to praise us for being the only widely circulated newspaper giving a voice to the alternative, the censored, the cancelled and the forgotten? Love the paper, but have to disagree with an article? ***Please email: letters@thelightpaper.co.uk***

Dear The Light,

Just got to the Letters page of Issue 40, and the nomenclature 'T Yates' under the final missive, which trumpets the concern veganism takes for all other sentient beings.

Murder is murder, Yates proclaims. Agreed, but where do vegans stand – where does Yates stand – on the killing of unborn children, euphemistically referred to as 'abortion'?

Life is not easy, and people's beliefs are not always logically consistent.

Audi Alteram Partem,

Keep smiling,

SandyAnt

.....

Dear The Light,

Reiner Fuellmich, a top lawyer who has done much to expose the covid scam, has been arrested on what looks like a trumped-up charge (of financial irregularity).

I have no doubt whatever that this is in order to silence him. I fear he may suffer the same fate as Julian Assange. He was arrested (or rather kidnapped) by the German authorities in Mexico, in mid-October 2023 and extradited to Germany, where he still languishes in a top security jail. Many are writing to the German Embassy in their own country protesting about this, and I want to encourage readers to do the same.

Yours faithfully

Mary Curran

.....

Dear The Light,

I read your previous articles on brainwashing within mainstream media and in particular, the BBC.

Yet we are all forced, under penalty of criminal conviction, to pay for a TV Licence within any household in the UK that has a TV or other receiving device.

Many people I know have ceased paying, however when not paid, the threatening letters start.

Can *The Light* advise if a central defence body is acting on behalf of the many thousands of non-subscribers? Also, is the government, via the police and public prosecution service, proceeding with trials for those failing to pay a BBC propaganda licence?

Keep up the good work!

Lee

.....

Dear *The Light*

Re: Issue 31, Page 20, and the article, ***Is Medical Intervention the Leading Cause of Death?*** **To read it was music to my ears, acting as a cross reference to my own view of our western medical system practised by the General Practitioners (GPs) as the 'Five P's:**

Petrochemical-sourced, Pharmaceutically-engineered, Patented, Prescription, Poisons of chemotherapy and radiation. For these reasons I would recommend anyone to seek alternative solutions for themselves. So far for myself it includes treating both plantar fasciitis and a basal cell carcinoma. Thank you all at *The Light* for lighting the way.

Guy Backhouse.

HEALTH

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Is medical intervention the leading cause of death?

by DAWN LESTER & DAVID PARKER

THE term iatrogenesis is derived from the Greek word for doctor, although the origin of the word 'doctor' derives from the Latin for 'teacher'.

It is widely recognised that there are problems within the medical system; an understatement of immense proportions.

Nevertheless, the existence of problems is recognised, albeit in a limited way, by the medical establishment itself, as can be seen by a May 2016 article published in the BMJ that is worthy of note. The article refers to a Johns Hopkins study that analysed medical death rate data, and discovered that the number of deaths per year due to medical error was far in excess of the number of deaths due to respiratory disease, which the CDC was claiming at the time to be the third leading cause of death. This discovery moved 'medical error' into third place.

The article, appropriately titled *Medical error - the third leading cause of death in the US*, explains that most data about causes of death are based on the ICD (International Classification of Disease) codes and states that:

"...causes of death not associated with an ICD code, such as human and system factors, are not captured."

This clearly raises serious concerns about the true scale of the problem, if certain information is not even captured. However, iatrogenesis does not equate to medical error alone.

The Merriam-Webster dictionary defines iatrogenesis as: "the unintentional causation of an unfavorable health condition (such as disease, injury, infection,

If modern medicine truly was the miracle it is claimed to be, then Americans ought to be amongst the healthiest people in the world

infection should be removed.

Interestingly, although possibly unsurprisingly, the BMJ article does not refer to the July 2000 article by Dr Barbara Starfield entitled *Is US Health Really the Best in the World?*

In her article, Dr Starfield provides one statistic that deserves particular attention, which is the annual total of 106,000 deaths that she found was the result of 'non-error adverse effects of medications'. In other words, these medications had been correctly and appropriately prescribed and administered.

Although providing a limited view of iatrogenesis, a 2018 article entitled *Iatrogenesis: A review on nature, extent, and distribution of healthcare hazards* states:

'The side effects and risks associated with the medical intervention are called iatrogenesis. These side effects are also called adverse drug reactions (ADRs).'

Photo: Mark Lowe

to the use of unsterilised needles and syringes, but does not include reference to the side effects of these allegedly safe injections.

The idea that medicines are harmful is definitely an unwelcome topic for the medical establishment, but the scale of the problem is too large and too significant for them to completely ignore, however much they would like to do so. Therefore, any reference to the problem will be couched in terms that suggest it is the result of improper practices of some description, rather than the actual medicines and practices that are being prescribed. This attitude can be seen on a WHO web page entitled *Medication without harm*, which states that:

'Unsafe medication practices and medication errors are a leading cause of injury and avoidable harm in health care systems across the world.'

There is of course a deeper purpose to this WHO initiative, which is to create an emphasis on

theories that form the basis for the use of medicines as treatments - but this is the very question that should be raised, because there is overwhelming evidence that medicines are far from beneficial.

Although again reporting solely on the situation in the U.S., the first comprehensive study to be conducted on the subject of iatrogenesis was published in 2003. This study, entitled *Death by Medicine*, collated statistics from thousands of published studies on all causes of illness. The result of this investigation revealed that the total number of deaths per year due to iatrogenesis was approximately 783,936! This figure has almost certainly risen dramatically in the intervening two decades.

Nevertheless, the study showed that the shocking figure of over three-quarters of a million deaths exceeded the annual mortality from either heart disease or cancer, which are claimed to

description, many of which are known to cause harm and even death.

One of the reasons that the situation in the U.S. is so alarming is because pharmaceutical use there is one of the highest in the world. If modern medicine truly was the miracle it is claimed to be, then Americans ought to be amongst the healthiest people in the world, but this is far from a true representation of the state of health of the vast majority, many of whom take multiple medicines each day; a phenomenon known as poly-pharmacy.

The above-cited 2018 article reveals, under the heading *Extent of* Iatrogenesis, that: "Iatrogenesis is the fifth leading cause of death in the world. There are about 5%–8% of deaths due to ADRs. In many countries, ADRs are a leading cause of death."

ADRs are not the only component of iatrogenesis. If all aspects are taken into account, it is almost certain that iatrogenesis would be recognised as the leading cause of death in all countries where modern medicine is practised as the main system. Yet modern medicine is supposed to heal not harm, and certainly not be one of the leading causes of death!

Dr Carolyn Dean summarises the situation in her aptly named book, *Death by Modern Medicine*: 'How modern medicine has come to be the number one killer in North America is as incredible as it is horrifying. Doctors certainly don't think of themselves as killers, but as long as they promote toxic drugs and don't learn non-toxic options, they are pulling the trigger on helpless patients.'

Toxic drugs are not the only culprit; as the past two years have shown, toxic injections must also

Dear The Light,

I could hardly believe what I read from Chris Coverdale (Issue 38, p3). I thought I was on my own in refusing to finance criminals.

My neighbours and friends who know about my battle not to finance the Ukraine war, nor the putting up of illegal immigrants in five-star hotels via taxes. They say: "We are happy to see you fighting. We cannot be bothered ourselves. You can't do anything. They will come and get you and your tax money."

Who am I? I have been married to my British wife for more than 45 years, 35 of them lived in Switzerland, my home country.

In 2013, we moved to the UK, with two of our four children already living in this country. Eight of our ten grandchildren live here. I work self-employed as a handyman, but mainly live on our Swiss pension. I pay my taxes by self-assessment.

What happened? In November last year, I asked my local MP for help to direct my tax money on an HMRC account from which no funds would be directed to pay for the Ukraine war, or for the hotels in which illegal immigrants were being accommodated. A long story ensued... I was not helped at all, but rather let down.

At the moment, I await HMRC's virulent reaction, after having received several warnings.

The interview with Chris Coverdale hints at already tested ways, how to pay taxes so they cannot be used to reward criminals or criminal acts like war, if it's not to defend one's country against a real enemy.

It's not about refusing to pay tax, it's about my refusal to pay tax which is used for criminal purposes.

There is no way indicated on the website for direct personal contacts. Can you help please?

Please forgive any spelling mistakes or not clear enough wordings. English is just one of several languages I'm still learning.

Best Regards,

Rudolf Schmidheiny

Dear The Light,

I was fascinated to see Operation Paperclip listed under 'False Flags and Crimes of Governments' (Issue 38). In 1945, Allied armies mopping up the last pockets of Nazi resistance faced a moral dilemma of epic proportions.

Fuelled by the unspeakable cruelty of labour camps, German engineers had produced innovations in aerospace decades ahead of their time and Russian, French, British and American intelligence agencies vied with each other in a frenzy of high-tech looting.

If a particular artefact such as a V2 ballistic missile or its creator were left behind by the British as 'tainted goods', it was immediately snapped up by less moralistic actors such as Joseph (the Gulag) Stalin.

Most would agree such things should never have been made, but they were. The men who made them should have been imprisoned, but by then the Cold War was in full swing and it wasn't clear that the Russian military wouldn't carry on where Hitler left off.

Faced with the awful choice of employing despicable people to keep off equally despicable (but more powerful) people, I wonder what the editors of *The Light* would have done in their shoes?

Yours sincerely,

Richard King (B.A History, K.C.L)

Editor - the Cold War didn't start for another six years, and we would have brought before the courts the bankers and industrialists that financed both sides of the war, enabling so much death and destruction across all nations, and which still continues today.

.....

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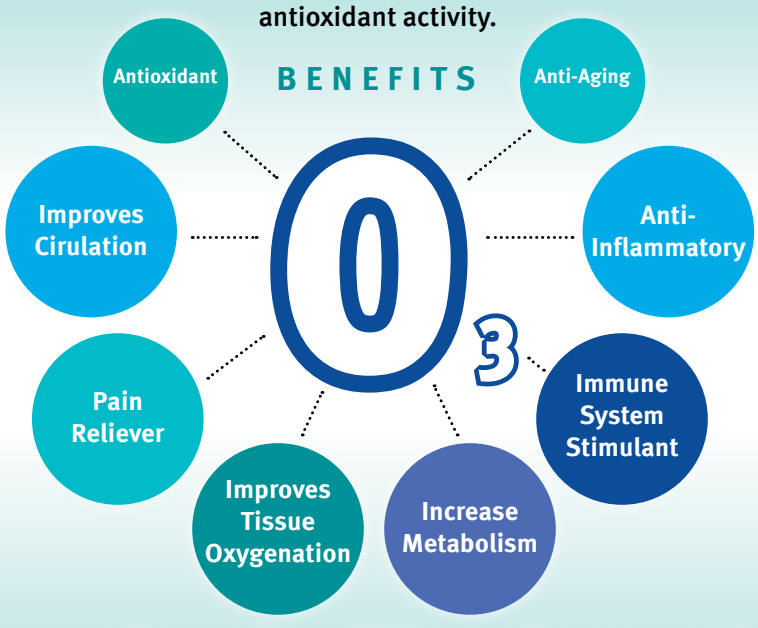

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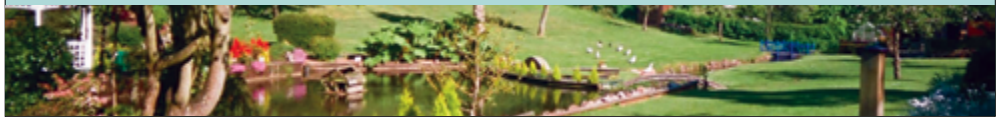

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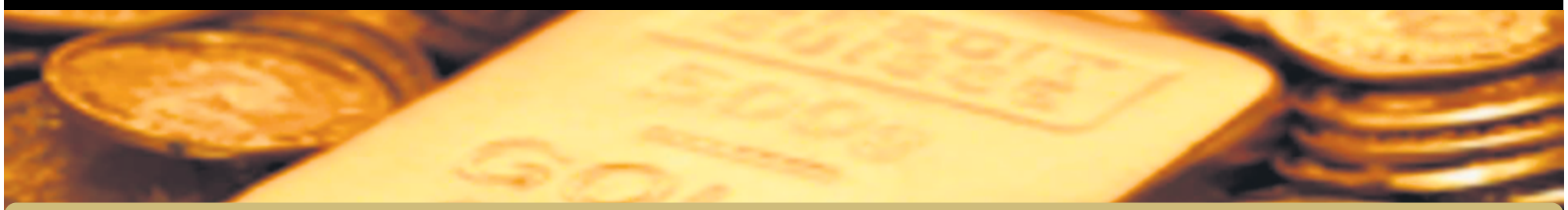

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